HELP GREECE, EAT AN LIVE

metroLIFE

LOTTO 649
Tonight's Jackpot
$21,000,000
estimated
PLUS A GUARANTEED $1 MILLION PRIZE

Toronto metro

MOVE OVER, COCONUT
MAPLE IS THE NEW WATER
metroLIFE

WEDNESDAY, JULY 8, 2015

High 23°C/Low 16°C Mostly sunny

LIZ BEDDALL/METRO

WE'RE READY

THE SCAFFOLDING IS DOWN, THE WRAPS ARE OFF AND THE WORLD IS WATCHING — LET THE GAMES BEGIN

Full Pan Am coverage in metroNEWS and metroSPORTS

Wyclef Jean

Serena Ryder

Systema Solar

PANAMANIA Live

@ Nathan Phillips Square

Opening Weekend July 11-12

TORONTO2015 PANAMANIA

PRESENTED BY
PRÉSENTÉ PAR
PRESENTADO POR
CIBC

FREE and open to the public

Death From Above 1979

Indian City

Radio Radio

TORONTO2015.org/PANAMANIA

PANAMANIA

FUNDING PARTIES
BAILLEURS DE FONDS
PROVEEDORES DE FINANCIAMIENTO

Canada Ontario

HOST CITY
VILLE HÔTE
CIUDAD ANFITRIONA

TORONTO

SUPPORTED BY
APPUYÉ PAR
APOYADO POR

OCAF FMCO ONTARIO CULTURAL ATTRACTIONS FUND
LE FONDS POUR LES MANIFESTATIONS CULTURELLES DE L'ONTARIO
15 YEARS | ANNÉES

metro NEWS
Your essential daily news

Breast milk a surprisingly cutthroat industry. **Business**

A FEW QUESTIONS WE CAME UP WITH
CAN DESIGN SAVE CANADA'S POST?
WHAT IS DESIGN? WHAT NEEDS SAVING?
CAN DESIGN ACTIVATE A COMMUNITY?
WHAT CAN CO-DESIGN DO?
WHAT CAN PARTICIPATORY DESIGN DO?
WHAT CAN A GALLERY DO TO MAKE AN OFFICE?
WHAT IS A GALLERY? WHAT IS AN OFFICE?
MASSIVE CHANGE EXHIBIT HIDE ITS OWN POLITICAL IMPLICATIONS? IS IT TIME TO CALL IN A PHILOSOPHER?
WHAT COULD A PHILOSOPHER DO TO HELP?
WHERE WILL WE GO FOR LUNCH?
HOW DO WE DOCUMENT OUR PROCESS?
HOW DOES ART DECO RELATE TO MAILBOX DESIGN?
IT. IS THIS A PAYING GIG?
CAN WE GET IN TOUCH WITH DAVID BRYNE?
CAN WE GET KIDS IN HERE TO CRITIQUE
CAN EACH MAILBOX BE DIFFERENT AND ALIVE?
CAN WE INTERVIEW?
AN WE BREAK FREE FROM BUREAUCRACY?
AN DESIGN START A CONVERSATION?
DOES A NATIONAL UTILITY RELATE TO MUNICIPAL REPR
AN WE TEMPLATE THIS? GO MODULAR?
HAT ARE THE MONTREALERS DOING?
WE PUT A BARCODE ON THIS? WIFI? LIGHTS? SOLAR?
CAN WE INVOLVE THE MINI LIBRARIES?
CAN MY THESIS HELP US HERE?
A MOOD MAP OF TORONTO

Jason Logan, Metro's creative director, is working with Canada Post to help design a better community mailbox. LIZ BEDDALL/METRO

Designers conspire to go postal on city mailboxes

CANADA POST

Ideas range from coffee machines to solar panels

Luke Simcoe
Metro | Toronto

Toronto artists are helping Canada Post design the mailbox of the future.

A group of local designers had a week-long brainstorming session recently about how Canada Post can better emphasize the community in community mailboxes being placed in cities across the country.

Jason Logan, Metro's creative director, is leading the effort.

Community mailboxes similar to these are being rolled out across Canada. THE CANADIAN PRESS

"When it's done well, design can help bridge the gap between different stakeholders," he said.

Faced with declining mail volumes, the national letter carrier is phasing out home delivery in favour of the larger community mailboxes. They've been a controversial topic in Toronto, with some residents and politicians concerned about where they'll be located and how they'll impact neighbourhoods.

Ideas raised during the brainstorming ranged from adding coffee machines to the boxes to using them as neighbourhood message boards. One participant even suggested adding solar panels.

> **When it's done well, design can help bridge the gap between different stakeholders.**
> Jason Logan

"The solar panel could heat the ground in the winter and melt the ice so Canada Post wouldn't have to do so much maintenance," Logan said.

Even if some of the ideas sound bizarre, Logan believes it's the kind of thinking Canada Post needs to stay relevant in the era of email and online shopping.

The brass at Canada Post seem to agree. After hearing about his event, representatives from the crown corporation contacted Logan for advice.

"We're grateful that people like Jason are willing to share their ideas," said spokesman Jon Hamilton.

"We're looking forward to finding the right solution for dense, urban areas like Toronto ... and you never know what ideas may ultimately work."

The partnership is still nascent, but Logan hopes it can help spur a broader conversation about the future of Canada Post.

"Design is about thinking what our future is going to look like and how we can have a part in it," he said.

"We need to have a conversation about what we lose when the old system of mail delivery disappears and how we can transfer those things into the new way of getting our mail."

HOW TO...

GET YOUR METRO

Metro's making it easier for people across the GTA to get their essential daily news.

More than 500 new boxes will be added to Toronto streets and across the 905 in the next month.

The paper will no longer be available inside the subway, but boxes will be added outside stations across the region.

Plus, you'll be able to pick up a copy at new retail locations, including grocery stores, coffee shops and restaurants.

In fact, there are way too many new spots for us to list here.

Check our searchable map at metronews.ca/boxes.

IN BRIEF

Man charged with sexually assaulting boy

Toronto police have arrested a man visiting from Ecuador in connection with the alleged sexual assault of an 11-year-old boy. They say the boy had finished swimming in a community pool last Tuesday (at the Crescent Town Club and Community Centre) when he was approached by a man. Guillermo Hipolito Minan Pinto, 40, has been arrested and charged with sexual assault sexual interference and invitation to sexual touching. THE CANADIAN PRESS

Ontario needs tougher laws to protect cyclists: Councillor

TORONTO'S DEADLY STREETS

Province could follow lead of U.S. jurisdictions

Chris Bateman
For Metro | Toronto

A Toronto city councillor wants the province to get tough with drivers who injure and kill vulnerable road users.

Mary-Margaret McMahon, who was hit by a vehicle while cycling in July 2014, has drafted a council motion calling on the province to firmly punish convicted drivers.

McMahon hasn't spelled out exactly what punishment she would like the province to consider. But, she said, Ontario could follow the lead of U.S. states.

Several jurisdictions south of the border have laws that help protect vulnerable road users.

Following the deaths of two young children in New York City, the state of New York enacted "Hayley and Diego's Law" in 2010, allowing jail sentences for drivers who injure pedestrians or cyclists. Similar laws are on the books in the states of Oregon and Washington.

Coun. Mary-Margaret McMahon. TORSTAR NEWS SERVICE

"Given the recent cycling deaths and the exponential number of pedestrians who have died this year I thought we should do something," McMahon said.

Metro reported last month that the city is on track for a record year in road fatalities with 21 pedestrians and three cyclists killed through June 17. That's about three times the number of deaths recorded for the same period in 2014.

Patrick Brown, a Toronto lawyer who specializes in cycling injury cases, said drivers who kill or injure pedestrians and cyclists are often charged with minor road traffic offences, such as failing to yield or making an unsafe lane change.

Most end up paying a paltry fine, he said.

"We are finding people were getting fined $85, at the most $500, but we see multiple $85 guilty pleas," he said.

It's akin to a "slap on the wrist" even though someone died, Brown said.

For comparison, riding a bicycle without a bell or failing to use proper hand signals are also $85 fines, he noted.

In McMahon's case, the driver who knocked her off her bike was charged with careless driving, but a police error allowed him to avoid conviction.

Brown would like to see an Ontario vulnerable road users law that requires convicted drivers to attend the reading of victim impact statements.

That could mean a lot for families whose loved ones have died, he said.

"It's devastating to them," he said. "They feel that they have no sense of justice."

FEW CHARGES

- Between 2006 and 2010, 13 of the 100 drivers who killed cyclists faced charges under the criminal code, according to a report from Ontario's chief corner office.
- Twenty-one others were charged under the Highway Traffic Act.

CLIMATE CHANGE

'Urgency to reducing emissions'

Ontario must ramp up its efforts to curb greenhouse gases now if it hopes to hit its own ambitious 2020 targets, the province's acting environmental commissioner said Tuesday.

In her progress report, Ellen Schwartzel said car and truck emissions and energy-hogging buildings present the single biggest problem and opportunity in the province's fight against climate change.

"In a world of rapidly melting Arctic sea ice, there is a real urgency to reducing emissions now," Schwartzel said. "Delay reduces the choices we can make to prevent worse climate consequences down the road."

The report, which comes as Ontario is set to host hundreds of delegates at a climate-change summit for subnational governments that starts Wednesday in Toronto, praises the Liberal government for having the right ideas.

The government can take credit for having closed its coal-fired plants and incorporating climate change into its planning, but ambitious actions are now called for now, Schwartzel said.

The province's own targets call for its greenhouse-gas emissions to fall to 15 per cent below the levels they were in 1990 by 2020. To make that happen, the report called "Feeling the Heat" urges among other things aggressive measures to tackle vehicle emissions.

THE CANADIAN PRESS

Along with a change in the skies, wildfire smoke can be attributed to recent red sunsets in Toronto. LIZ BEDDALL/METRO

ENVIRONMENT CANADA

Western wildfires to blame for hazy skies above T.O.

Smoke from the wildfires burning throughout Western Canada has reached Southern Ontario.

Smog is not to blame for the recently hazy Toronto skies, according to Environment Canada. Instead, the foggy skies of late are the result of forest fire smoke, high in the atmosphere above the city for the last few days, blown eastbound from Western Canada.

Geoff Coulson, a meteorologist from Environment Canada, told Torstar News Service that in addition to "fuzzier" skies, the smoke has given the sun a reddish hue at sunrise and sunset due to smoke particles scattering the light.

Though it may seem odd that fires "burning 2,500 kilometres away in Northern Saskatchewan" are causing changes in Toronto air, it is simply an indication of how, at Canadian latitudes, winds high up in the atmosphere tend to circle the earth in a West to East direction, Coulson explained.

However, despite the series of air quality advisories in affect in Vancouver, Northern Alberta, and parts of Saskatchewan and Manitoba, there are no health concerns caused by the smoke in Toronto.

"At this point in time Southern Ontario…there is no concern for surface level smoke particles," Coulter said.

Earlier this month, almost 1,000 military personnel were called in to assist with the wildfires in Saskatchewan that have forced over 5,200 people from their homes. According to the province's environment officials, 300,000 hectares are burning in high-priority areas — ten times the usual amount.

In British Columbia, there have been almost 900 wildfires since the season started April 1, 184 of which are still burning.

The fires have prompted the evacuation of over 100 homes, extraordinary health advisories, and one fatality, 60-year-old John Phare, who died while helping crews battle a fire north of Vancouver.

TORSTAR NEWS SERVICE
WITH FILES FROM THE CANADIAN PRESS

buytopia.ca

SUMMER DEALS!

$10 DEALS + FREE SHIPPING!

TAKE AN ADDITIONAL 15% OFF WITH PROMOCODE: SUMMER10

$10 for $20 Worth of
Signature Sandwiches, Pizza & more
at San Francesco Foods

$10

THE ORIGINAL SAN FRANCESCO Since 1954

★★★★½ on Yelp.ca
★★★★½ on Tripadvisor.ca
★★★★½ on Urbanspoon.com

---

2 Tickets to
SHRINE CIRCUS

$30

REGULAR ~~$60~~

Last Week for Toronto Shows!!

Celebrating 251 Years of the Zerbini Family Circus!!

all new 2015!

Unlimited Laser Hair Removal

$99

REGULAR ~~$4600~~

Unlimited Body Parts for One Year

Healthmedica
* Doctor founded
* Consumer choice award

Admission to The Archery Game

$12

INCLUDES: Training & Target Practice, Gameplay & All Equipment Rentals

REGULAR ~~$25~~

The Archery Game

---

90 min Harbourfront
Power Boat Rental!

$69

REGULAR ~~$103.50~~

Harbourfront centre

$10 DEALS + FREE SHIPPING!

~~$75~~ $10
12-Piece Nude Eye Shadow Palette

~~$20~~ $10
3-Quarter Sleeve Lace Dress
(Choose from 4 colours)

~~$20~~ $10
Slimmest 2.4GHz Wireless Computer Mouse
(Choose from 6 colours)

~~$30~~ $10
Slimfit Shapewear Waist Cincher
(Choose from 2 colours)

~~$70~~ $10
Crystal Tennis Bracelet

~~$30~~ $10
8GB Avengers Superhero USB Flash Drive
(Choose from 4 Styles)

~~$60~~ $10
Noise Cancelling Earphones

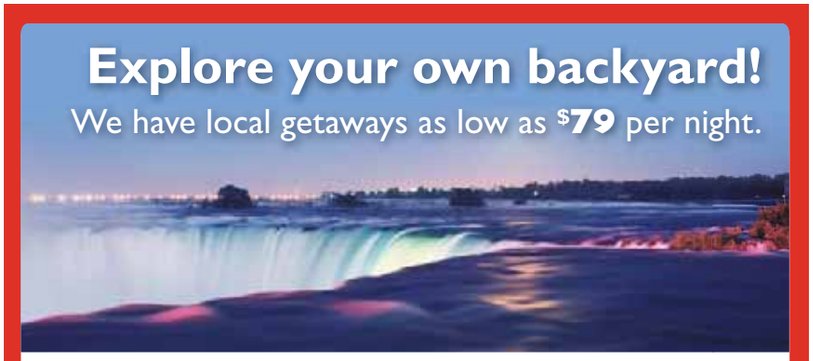
~~$20~~ $10
16GB Micro SD Card

GO TO BUYTOPIA.CA TO GET THESE & DOZENS MORE DEALS FOR ONLY $10 PLUS FREE SHIPPING!!

Prices DO NOT reflect 15% OFF promo discount. Go to BUYTOPIA.CA to get your discount TODAY!

These deals must be purchased by Sunday July 12th at www.buytopia.ca

416.479.9590
183 Bathurst St Suite 302 Toronto ON M5T2R7 TICO# 50021114



Flights as low as $245

Vancouver
$565
Travel Jul 16 – Jul 23/wg

New York Travel Sep 2 – Sep 9/ac	$245
Orlando Travel Sep 1 – Sep 9/ac	$325
Cancun Travel Sep 9 – Sep 16/ws	$425
Miami Travel Oct 27 – Nov 3/ac	$475
Manila Travel Oct 20 – Oct 28/mu	$975
Paris Travel Nov 3 – Nov 17/ac	$819
London Travel Nov 3 – Nov 17/ac	$845
Hong Kong Travel Nov 3 – Nov 17/mu	$849
Johannesburg Travel Oct 6 – Oct 20/et	$1269

The Captain's Red Label Fares with more inclusions than any other airfare.

Fly to **London** or **Paris** with **Air Canada** and receive:
- $100* off the cost of your hotel, tour, car rental and more
- Price drop protection*
- Plaza Premium Lounge pass*

Look out for this symbol!

Local Getaways

Montreal
3 Nights 4-Star
$239 pp
Le Cantlie Suites Hotel
INCLUDES 4-star boutique hotel on Sherbrooke Street where you can discover the Old Port, the Latin Quarter and Mont Royal park nearby. Travel Aug 20/ggv.

Niagara Falls 2 Nights 4-Star $335 pp
Great Wolf Lodge
INCLUDES 4-star hotel featuring a massive indoor waterpark, mini golf, storytelling and more fun-filled family activities. **BONUS** 2 kids stay free$^{\Delta}$ plus 4 waterpark passes included. Travel Jul 20/ggv.

USA City Breaks

Las Vegas
Flights + 3 Nights
$359
Circus Circus
INCLUDES hotel on the Strip. Departs Aug 12/acv/ac.
UPGRADE to 4-star Luxor for $409.
UPGRADE to 4.5-star MGM Grand for $469.
UPGRADE to 5-star Aria for $525.

Orlando Family Special
Flights + 5 Nights 455^{\Diamond}$
Holiday Inn and Suites Universal
INCLUDES hotel steps from the Universal Orlando theme parks. Price per person based on family of 4. Departs Sep 12/wsv/ws.
ADD Universal Studios 3 Park Unlimited Ticket for $295/adult, $279/child (ages 3-9).

Cruise Vacation

Alaska Flights +
2 Nights + 7-Night Cruise
$1929
Coast International Inn, Star Princess
INCLUDES flights, 2 nights Anchorage hotel and 7-night cruise sailing the Inside Passage and the Gulf of Alaska. Departs Jul 16/pcl/ggv/ws.

FLIGHT CENTRE The Airfare Experts
flightcentre.ca More great deals online!
1 866 485 7097 Over 1000 Airfare Experts across Canada.

All advertised prices include taxes & fees.

*Conditions apply. Ex: Toronto. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. pp=per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees due in destination are additional and include, but not limited to, local car rental charges & taxes, one-way rental drop fees which are to be paid upon arrival, resort fees & charges, tour 'kitty', airline baggage fees and cruise gratuities. ◊Price is per person for quad occupancy (2 adults & 2 kids ages 2-17) for total length of stay unless otherwise stated. ΔConditions apply. For full terms & conditions please speak with a Flight Centre travel consultant or visit flightcentre.ca/travel-deals. *Conditions apply. For full terms and conditions please speak with a Flight Centre Travel Consultant or visit flightcentre.ca/flights/red-label-fares. ac=air canada, acv=air canada vacations, ccl=carnival cruise lines, et=ethiopian airlines, ggv=gogo, mu=china eastern, nol=nolitours, pcl=princess cruises, sgn=signature vacations, swg=sunwing vacations, wg=sunwing, ws/wsv=westjet, ts=transat, ua=united airlines, va=virgin australia, ws=westjet †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit flightcentre.ca/lowestairfareguarantee-flyfree. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384*

CAMH's 250 College St. location. BRIAN B. BETTENCOURT/TORSTAR NEWS SERVICE

Rent hike risk for Toronto centres

REAL ESTATE

Owner asking for $4M, up from $1.2M

A rent hike that more than triples the current rate has put the future of the Centre for Addiction and Mental Health facilities on College and Russell Sts. at risk, according to a CAMH official.

Negotiations with the hospital's landlord, a numbered company controlled by Brookfield Asset Management, have hit a wall, according to Dev Chopra, CAMH's executive vice president of corporate service and redevelopment.

The property owner wants CAMH to pay $4 million a year in rent starting in April 2018, up from $1.2 million now, Chopra said.

"In the current fiscal environment, every dollar counts," he said. "Hospital budgets have been frozen for the last few years. So an increase in rent of some $2.8 million will have a serious adverse impact on our patients, and I believe on Ontarians seeking mental health services."

CAMH's College St. location is home to the province's only round-the-clock emergency psychiatric emergency service. Staff treated 9,000 patients last year, up from 3,500 five years ago.

CAMH also has research facilities there, from brain-imaging equipment to highly customized labs, that would be too expensive to move, Chopra said.

"Just to rebuild our research facilities is hundreds of millions of dollars. We just don't have that kind of money," he said.

CAMH has asked for an arbitrator to settle the dispute. There is a court date scheduled at the end of the month.

Andrew Willis, Brookfield's senior VP of communications, read Torstar News Service a short statement: "At Brookfield, we value our relationship with all our tenants, including CAMH, and we are working hard to resolve this issue."

> **"In the current fiscal environment, every dollar counts.**
> Dev Chopra

Brookfield Asset Management Inc. has $27.9 billion in assets in Canada.

CAMH is coming to the end of its 20-year lease, signed in 1998. It has the option to renew for two 20-year terms.

The rent for the next term is to be based on the property's current market value. CAMH has pegged the value at $26 million, since the lease says the land is for hospital use only, Chopra said.

But the landlord's estimate is $100 million, based on the "highest and best use of lands assuming they were vacant," he said. TORSTAR NEWS SERVICE

ECONOMY

Businesses call on province to curb rising electricity cost

The Ontario Chamber of Commerce is calling on the province to take steps to curb rising electricity prices.

The organization representing the province's businesses is issuing a report saying hydro costs are one of the most pressing challenges for Ontario's economy.

The report says industrial electricity prices have risen 16 per cent since 2013 and are slated to climb 13 per cent higher over the next five years.

The ministry of energy says Ontario's industrial electricity rates are competitive with jurisdictions across North America and the government has introduced several programs to help businesses reduce electricity costs.

Chamber president and CEO Allan O'Dette says there's no easy way to bring prices under control, but believes one key step is for the Liberal government to be more transparent about how costs are calculated.

He says more disclosure about peak and off-peak times could help all consumers keep their hydro expenses under control. THE CANADIAN PRESS

Case made for 'fire-medics'

EMERGENCY RESPONSE

Firefighters, paramedics squabble over medical roles

The perennial turf war between firefighters and paramedics is heating up again, with a new proposal from the Ontario Professional Fire Fighters Association (OPFFA) for firefighters to perform more medical interventions.

Firefighters and paramedics each make a case for or against the creation of so-called "fire-medics."

According to the OPFFA's proposal, growing demand for pre-hospital care combined with budgetary pressures has placed a chronic drag on paramedic response times.

Although firefighters are currently dispatched alongside ambulances to certain medical calls, and often arrive on scene first, the interventions they can provide are generally limited to administering oxygen or a defibrillator and, in some cases, using an EpiPen.

"Everything we're proposing is predicated on response times," says OPFFA president Carmen Santoro.

Paramedics agree there can be hurdles to arriving on scene as quickly as firefighters. But they say the OPFFA's proposal ignores one of the biggest problems: long wait times for hospital beds, which ties up ambulances delivering patients to emergency rooms.

Jeff van Pelt, president of the CUPE Ambulance Committee of Ontario, says the firefighters' proposal "is about protecting their own jobs" amid a drop in fire-related calls.

Santoro says it takes an average of four to six minutes for firefighters to respond to an emergency call.

Most of the province's 11,000 full-time firefighters currently receive basic medical training, including instructions on how to administer first-aid and use a defibrillator. About 10 per cent of firefighters are also fully trained paramedics.

Medical calls accounted for roughly 40 per cent of the 455,000 calls to firefighters in 2013, the OPFFA report states.

Firefighters are trained in rescue procedures with a new model streetcar at the TTC Hillcrest Complex. MARCUS OLENIUK/TORSTAR NEWS SERVICE

Response times are measured differently by firefighters and paramedics, making comparison tough, says van Pelt.

In urban settings, paramedics must arrive within 12 minutes, 90 per cent of the time, but some services do much better. In Durham Region, for instance, the average ambulance response time was just over six minutes in 2013.

Paramedics must complete two years of school, 500 hours of on-the-job training and recertify their skills annually, van Pelt says.

Ambulance were dispatched roughly 1.3 million times across Ontario in 2012.

The OPFFA says the union's proposal, which the province is currently reviewing, aims to give firefighters 20 hours of medical training so they can provide "symptom relief," by administering drugs such as Ventolin and nitroglycerin to treat asthma and chest pain.

The plan calls for eight pilot sites across the province. Toronto, Brampton and Mississauga are among the cities that should be considered, the report states. Program costs are pegged at just over $30,000 a community in the first year.

> **"They made themselves obsolete by doing an incredible job at fire prevention."**
> Jeff van Pelt, CUPE ambulance committee

"This is not about us versus them. This is about the patient and working together to enhance emergency medical response," Santoro says.

According to van Pelt, the best way to free up ambulances and improve emergency access to highly trained medical professionals, he says, is to increase funding to hospitals so paramedics can get in and out more quickly.

"If this was about patient care," van Pelt says, firefighters "would be advocating to the politicians to increase EMS money, increase hospital money."

TORSTAR NEWS SERVICE

Healthy Volunteers

Medicines come in all shapes and sizes
So do our volunteers

Healthy men and women ages 18+ are needed for clinical research studies.

Eligible subjects will receive financial compensation for participation.

www.studies4u.com • 416.640.4004 • 1.866.222.8063 (toll free)
720 King Street West, 7th floor (north elevators)

inc Research®

Toronto the beautiful

The Pan Am chaos, construction and clanking sounds that have tested our patience for years are finally drawing to a close as the city gets ready for opening day on Friday. These are some of the main spots in Toronto where the scaffolding has come down and a metropolitan makeover is obvious, thanks, at least in part, to the Games. **Metro**

GET SHARING

Metro wants to see what you're up to (or watching others get up to) during the Games. Send your pics to #MetroPanAm via Instagram or Twitter.

Fountains at Sugar Beach. LIZ BEDDALL/METRO

The Toronto waterfront. LIZ BEDDALL/METRO

Changes at Union Station are obvious. LIZ BEDDALL/METRO

The Athletes' Village at Cherry and Front streets. MARK BLINCH/THE CANADIAN PRESS

BEAUTIFICATION

City ramps up cleaning efforts to present a pretty face to visitors

Luke Simcoe
Metro | Toronto

Toronto, you clean up well.

While much of the attention leading up to the Pan Am Games has focused on big projects, like new sporting venues or the revamped Queen's Quay, the city has also invested a lot in ensuring Toronto is tidy when visitors and athletes arrive.

"The small things stand out," said Cathy Vincelli, one of the Games' municipal project directors. "If there's garbage lying around, or a planter or flower bed that isn't maintained, that doesn't look good."

According to Vincelli, parks staff are working seven days a week, 15 hours a day to keep venues and other spots along the Pan Am Path spick-and-span.

More than 20 additional temporary cleaning staff have been brought on to help with the workload.

"If someone reports something, we can respond to it quickly," Vincelli said.

In addition to the cleanup effort, the city is beautifying itself in a number of small ways. Pan Am banners have sprung up across Toronto, promotional wraps have covered bus shelters and 137 planters featuring Pan Am-themed floral displays have been placed in various locations.

There's also a giant, three-dimensional Toronto logo installed in Nathan Phillips Square.

All along the Pan Am Path — 80 kilometres of trails running across Toronto — spaces are being cleaned up and murals are being erected reflecting the various communities connected to the path.

Devon Ostrom, curator for Friends of the Pan Am Path, said he believes the various murals and enhanced spaces will be part of the Games' lasting legacy.

"When we create spaces that are more engaging, then there's an opportunity to invite people into those spaces and make active living more exciting."

137

The number of Pan Am planters installed across Toronto.

PARTICIPATION

Games set to hit target for female athletes

Jessica Smith Cross
Metro | Toronto

Organizers were out to set a record when it comes to female athletes taking part in the Pan Am Games.

They appear to have hit their mark.

Forty-six per cent of athletes on the official roster are women — exceeding organizers' goal of 45 per cent.

Guadalajara hosted the Pan Am Games in 2011 and saw the percentage of women land "in the low 40s," said Bob O'Doherty, senior vice-president of sport and venues for the TO2015 Organizing Committee.

"We thought gender equity would be one of the key principles that as an organizing committee we'd really like to push forward," he said.

Organizers did that mostly through their selection of sports. A women's competition was added for rugby sevens, for example, and more women's classes were added in sailing and kayaking.

The Games will also mark the Pan Am debut of women's baseball.

International sports organizations were also urged to ensure gender parity, O'Doherty said.

"Women are becoming a very powerful force in sports, as athletes, coaches and administrators, and the only way we can continue to see this growth in experience and expertise is to provide these opportunities," he said.

THE NUMBERS

— Three countries will be represented by all women during the Games. Bermuda and Dominica are sending one athlete each and Nicaragua is sending two.
— Only five of Panama's 37 athletes are women.
— Two sports have only female athletes: Rhythmic gymnastics and synchronized swimming.
— There are no male-only sports, but several have more male competitors than female. Boxing is the sport with the lowest percentage of women: Only 21 of the 110 are women.

SOURCE: PAN AM PROVISIONAL ATHLETES LIST

WATER POLO AAAAAND THEY'RE OFF Canada's John Conway celebrates after scoring a goal against Brazil during a water polo match at the Pan Am Games in Markham on Tuesday. Pan Am competition started Tuesday even though the Games don't officially open until Friday. Water polo was on the schedule with Canada's men's and women's teams both competing in preliminary games. More coverage in **metroSPORTS**. JULIO CORTEZ/THE ASSOCIATED PRESS

Most drivers won't alter commute, survey finds

TRAFFIC

Almost 60% say they'll stick to usual habits

Luke Simcoe
Metro | Toronto

Despite a multimillion-dollar push by the province and Pan Am Games organizers, the majority of Toronto drivers have no plans to change their commuting habits during the month-long sporting event.

The Games are expected to add an estimated 7,500 athletes, 23,000 volunteers, 4,000 members of the media and 1.4 million spectators to the already congested roadways of the GTHA.

To keep traffic moving, officials are asking residents to take transit or carpool to work, or to alter their work hours to avoid commuting at peak times.

However, a recent survey from AutoTrader.ca shows that message hasn't resonated with local drivers. Nearly 60 per cent of respondents said they have no plans to alter their commute during the Games.

Among those who are making a change, 22 per cent intend to take public transit, 13 per cent plan to carpool and only 10 per cent are considering cycling or walking to work.

A network of temporary HOV lanes has also been set up to ease congestion during the Games.

Andrew Posluns, with the Ministry of Transportation, says drivers are adjusting to the new lanes, but overall travel times along Toronto's highways are up to 12 minutes slower now.

Posluns said the AutoTrader survey results show the ministry has actually exceeded its targets for changing driver behaviour.

"It sounds like we've reached a good number of people," he said. "Our aim was to encourage about 20 per cent of commuters to adjust their travel routines during peak hours.

WITH FILES FROM THE CANADIAN PRESS

Police patrol a Pan Am HOV lane near Dufferin Street. TORSTAR NEWS SERVICE FILE

Dram fine idea for social club

WOMEN WHO WHISKEY

New York club plans to launch Toronto chapter in fall

"Are you sure you don't want a wine list?"

It's a question that makes Julia Ritz Toffoli's spine prickle. Toffoli had been looking forward to exploring New York's whiskey scene when she started grad school, but often found her choices met with bartenders' condescension and surprise. "That's a strong drink for a little lady," she said some would quip.

They're the types of comments that inspired Toffoli to start up Women Who Whiskey, a travelling whiskey appreciation club aimed at women who want to learn about and experiment with the spirit in a space free from judgment.

"The whiskey scene was still very much closed off to women," before she started Women Who Whiskey four years ago, Toffoli said.

"Men were making it kind of an inhospitable environment, and as a result, women that would've liked to drink whiskey probably weren't as much as they wanted to because they didn't really know where to start."

Women Who Whiskey was born to fill the gap, and it's planning to launch a Toronto chapter this fall.

In New York, the club started as an informal gathering of Toffoli's friends, but soon captured attention on Instagram and Twitter. Women Who Whiskey then began inviting the public to tours of distilleries, tastings or new bars with impressive cocktail lists.

Toronto chapter president Kate Simmie hopes her club — which she said will advertise largely through social media and word-of-mouth — will inspire women who didn't know they could like anything other than vodka sodas to try new cocktails, like a well-crafted Manhattan.

"I do think it's important to offer a safe, fun, supportive environment for women to go out and try something. Maybe they hate it, and maybe they don't want to drink it again, but maybe it opens their eyes to something new," she said.

Kate Simmie is starting a ladies' whiskey appreciation group in Toronto, which modelled after the New York based Women Who Whiskey. MELISSA RENWICK/TORSTAR NEWS SERVICE

Donna Wolff, owner of The Caledonian, a Scottish pub and whisky bar in Little Italy, said women have been traditionally ignored as consumers.

"It's all advertised to men. It's a male-dominated drink," Wolff said. "You never see whiskey being (advertised) to women, but women love whiskey, drink whiskey, buy whiskey, and it's not ever advertised for us."

But within the last five years, Wolff has seen women drinking whiskey in droves. The pub offers monthly tastings and crams 60 eager attendees into her Women and Whiskey tastings each month, she said.

In fact, Wolff says the monthly ladies' tastings — at which a group of women informally test a variety of whiskies with a female distiller — have become so popular, The Caledonian has had to start a wait list for the events.

> **"Women love whiskey, drink whiskey, buy whiskey, and it's not ever advertised for us."**
> Donna Wolff

Both female-oriented and female-driven whiskey groups offer an element of education to their itineraries, but to Women Who Whiskey's founder, changing condescending attitudes about women who order a whiskey on the rocks is a secondary goal.

"First and foremost, I think it's a social club," Toffoli said. "Whiskey is the glue that sort of holds everything together."

TORSTAR NEWS SERVICE

Get Weather *ACTIVE*

The app that helps you stay active and healthy this summer

- check weather conditions
- receive heat and air quality alerts
- find places to cool down
- get tips for planning healthy outdoor activities

Available at
tph.to/WeatherActive

Information provided by your local public health unit

WE NEED **MALES & FEMALES**

Are you a healthy,

MALE OR POST-MENOPAUSAL OR SURGICALLY STERILE FEMALE 18-65 YEARS OF AGE

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

Study 1813 **MALE OR POST-MENOPAUSAL OR SURGICALLY STERILE FEMALE 18-65 YEARS OF AGE**

- Study starts on Aug 9 – 3 sessions with 9 returns consisting of a one 2 night stay and two 1 night stays in our clinic
- Compensation is up to $3550 for completing the entire study.

BioPharma SERVICES INC.
Research. Results. Reliability.

CALL: **416-747-5246**
Toll Free: 1-866-747-5246
Mon-Fri: 8am-6pm, Sat-Sun: 10am-6pm

4000 Weston Road, Toronto | www.biopharmaservices.com

25TH ANNIVERSARY OKA CRISIS STILL RESONATING Kanesatake Grand Chief Serge Simon stands in the Pines near the scene of the police raid 25 years ago that started the Oka Crisis, in Kanesatake, Que. July 11 will mark the 25th anniversary of the start of the Oka Crisis that grabbed international headlines, with armed Mohawks and Canadian soldiers involved in a lengthy standoff that often appeared on the verge of exploding into full-blown combat. Native activists, artists and professors say while it's difficult to draw direct links, the Oka uprising in 1990 inspired First Nations movements across the country such as the Idle No More protests in 2012 and the ever-increasing calls for a federal inquiry into missing and murdered aboriginal women. RYAN REMIORZ/THE CANADIAN PRESS

Chainsaw trainers sought for prisons

PRAIRIES

Program is intended to help inmates find work

Inmates at 11 prisons across the Prairies are in line for chainsaw safety training to help prepare them for future employment once they are released.

Between 110 and 220 inmates could be part of the 22 training sessions that Correctional Service Canada plans to pay for in the coming years at four prisons in Alberta, four more in Saskatchewan and three in Manitoba.

Each session will have between five and 10 inmates participating in training sessions set to start in 2017.

Bid documents posted online earlier this month show that the cost to provide the three-day training sessions should be no more than $108,800.

The winning bidder will have to supply chainsaws, cutting stands, logs, files, oil, gas, chains, and safety equipment to the inmates who take the course at medium and minimum security prisons, three Aboriginal healing lodges — including one for women — and the regional psychiatric centre in Saskatoon.

Only two prisons up for training sessions have maximum security wings: Stony Mountain Institution in Manitoba, and Saskatchewan Penitentiary in Prince Albert, Sask.

The documents also come with a warning to potential bidders: "Participants may exhibit difficult or resistant behaviour."

A spokeswoman for CSC said any inmate who lands in one of the courses has to be "screened for their suitability" and will be supervised.

> **"Participants may exhibit difficult or resistant behaviour.**
> Text on the bid document

Melissa Hart says prisons in other parts of the country also provide similar training to inmates, part of the department's mandate to "facilitate inmates' re-entry into the workforce following their release."

Hart said training is targeted at work in the trades, such as carpentry and cabinet making, and said "many offenders" have landed jobs because of their training and demand for trades workers.

A study that Corrections commissioned five years ago concluded that inmates who find work are less likely to reoffend. THE CANADIAN PRESS

WINDOWS & DOORS
made easy!
IT'S ALL ABOUT THE GLASS.

Every window you buy comes with
2 FREE UPGRADES*

✔ E-Clean Glass - includes a solar shield coating combined with an additional coating that breaks down dirt while causing rain to sheet
✔ Stainless Warm Edge Spacer - has the strength of steel with the thermal properties of foam.

Offer ends August 31, 2015

TAKE UP TO
3
YEARS
TO PAY
when you use your Sears Financial™ Credit Card

✔ EQUAL MONTHLY PAYMENTS
✔ NO INTEREST* (ADMIN FEE MAY APPLY)
✔ NO INTEREST CHARGED ON FINANCED PURCHASE DURING TERM

No minimum purchase required ($200 minimum purchase in Quebec). Important terms and conditions apply.

BOOK YOUR FREE IN-HOME APPOINTMENT. IT'S EASY!
1-866-506-7779 | SEARS.CA/HOMEIMPROVEMENTS

Sears Windows & Doors

*"**EQUAL PAYMENTS, NO INTEREST**" offer: Pay in 12, 24, or 36 equal monthly installments only on approved credit with your Sears® MasterCard®, Sears® Voyage™ MasterCard® or Sears Card. Equal monthly installments determined by dividing financed amount by Financed Term selected. Sears Voyage MasterCard has an annual fee of **$39**. Your financed purchase will include applicable administration fee, taxes and delivery charges. To avoid interest charges on a monthly installment of the financed amount, pay the New Balance every month by the Payment Due Date. The New Balance is shown on your statement and includes the monthly installment amount (not the entire financed amount) and any other balances, interest and fees, that are owing on your account. The financing offer will be cancelled if you do not pay the Base Payment (shown on your statement) in full for any 4 months, at which time the unpaid balance of the financed amount will be subject to interest charges at the Annual Interest Rate for purchases (new accounts – **19.99%** for Sears MasterCard and Sears Voyage MasterCard or **29.9%** for Sears Card). If you are an existing cardmember, refer to your statement for you Annual interest Rate. See Cardmember Agreement for details. Excludes Gift Cards, Specialty Services, Sears Travel and Outlet/Liquidation Store purchases. Sears® and Voyage™ are registered trademarks of Sears, licensed for use in Canada. ®/™MasterCard® and the MasterCard Brand Mark are registered trademarks of MasterCard International incorporated. Sears Financial Credit Cards are issued by JPMorgan Chase Bank, N.A. **Administration fees** (none in Quebec): 12 months - **$69.99**; 24 months - **$99.99**; 36 months - **$129.99**. No minimum purchase required ($200 minimum purchase required in Quebec). **No interest charged on your financed purchase during term**. ***On approved credit.** Points are awarded on net purchases, excluding applicable taxes, gift cards, pre-paid credit cards, optional financing programs, and services (e.g. delivery). Please see your Sears Club Reward Program Terms & Conditions for more details. **NE071H115/NE071H315**

Police, FBI raid home of Subway's public face

INDIANA

Authorities mum on reasons for investigation

FBI agents and Indiana State Police raided the home of Subway restaurant spokesman Jared Fogle on Tuesday, removing electronics from the property and searching the house with a police dog, two months after Russell Taylor, the then-executive director of Fogle's foundation, was arrested on child pornography charges.

FBI agent Wendy Osborne said the agency was conducting an investigation in Zionsville, an affluent Indianapolis suburb, but wouldn't say whether it involved Fogle or describe the nature of the investigation.

Subway said in a statement that it is "very concerned" about the raid, which it believes "is related to a prior investigation" of a former employee of the Jared Foundation, an organization founded by Fogle to raise awareness about childhood obesity. Subway did not immediately say whether that employee was former foundation executive director Russell Taylor.

The company had removed references to Fogle from its website by late afternoon and issued another statement, saying the two "have mutually agreed to suspend their relationship due to the current investigation."

"Jared continues to co-operate with authorities and he expects no actions to be forthcoming," the company said. "Both Jared and Subway agree that this was the appropriate step to take."

Federal prosecutors in May filed a criminal complaint charging Taylor, 43, with seven counts of production of child pornography and one count of possession of child pornography. Fogle issued a statement after the charges were filed saying he was shocked by the allegations and was severing all ties with Taylor.

During a search of Taylor's home this spring, federal investigators say they discovered a cache of sexually explicit photos and videos Taylor allegedly produced by secretly filming minor children at the home. They said they also allegedly found more than 400 videos of child pornography on computers and storage media recovered from Taylor's home office in his Indianapolis residence.

Tim Horty, a spokesman for the U.S. attorney's office in Indianapolis, said prosecutors "are moving forward" with the case against Taylor. He declined to comment on Tuesday's raid at Fogle's home.

Subway, which is based in Milford, Conn., and is privately held, has struggled in recent years. Last year, industry tracker Technomic said average sales for Subway stores in the U.S. declined three per cent from the previous year. The company has about 44,000 locations around the world.

THE ASSOCIATED PRESS

Subway restaurant spokesman Jared Fogle walks to a waiting car as he leaves his home Tuesday in Zionsville, Ind. MICHAEL CONROY/THE ASSOCIATED PRESS

BACKGROUND

Claim to fame

Jared Fogle, 37, became the Subway restaurant chain's pitchman after shedding 245 pounds more than 15 years ago, in part by regularly eating Subway sandwiches. Subway began featuring Fogle in commercials soon after, and his story was instrumental in giving the sandwich chain an image as a healthy place to eat.

THE ASSOCIATED PRESS

> **Jared continues to co-operate with authorities and he expects no actions to be forthcoming.**
> Subway statement

GREECE NEGOTIATIONS

Eurozone mood gloomy

Eurozone leaders met the beaming smile of Prime Minister Alexis Tsipras with anger and frustration Tuesday when it became clear the Greek leader came to their summit without a fresh written proposal on how to save his country from financial ruin.

Instead he came with only vague proposals and a commitment to back it up with real figures and a written plan on Wednesday.

Tsipras came buoyed by a triumph in Sunday's referendum, where an overwhelming majority of Greeks backed his call to reject the belt-tightening reforms that creditors had last proposed.

But that domestic victory did not appear to give him much leverage in talks with foreign creditors, who know Tsipras needs a deal soon to keep his country afloat. Banks have been shut since last week and will not reopen before Thursday, cash withdrawals have been limited for just as long, and daily business throughout the country has come to a near standstill.

So it was with surprise and anger that European leaders learned Tsipras did not yet have a written proposal for new rescue aid.

"I'm extremely sombre about this summit. I'm also sombre about the question of whether Greece really wants to come up with proposals, with a solution," Dutch Prime Minister Mark Rutte said.

THE ASSOCIATED PRESS

AVAILABLE AT

PANDORA™
STORE

FAIRVIEW MALL
416.492.5777
FAIRVIEWJEWELLERY.CA

ROYAL BANK PLAZA
416.360.1467
ROYALBANKJEWELLERY.CA
CLOSED WEEKENDS

*Free ring(s) must be of equal or lesser value to the least expensive ring purchased. Valid at participating retail stores only. While supplies last. Void where prohibited. Not valid with other PANDORA offers or prior purchases. No rain checks. Restrictions apply. See store for details.

Some jewelry displayed patented (US Pat. No. 7,007,507)
© 2015 Pandora Jewelry, LLC • All rights reserved • PANDORA.NET

Breast milk demand high

U.S. HEALTH

States consider legislation, firms battle for industry control

It could trade for 400 times more than the price of crude oil and 2,000 times more than iron ore. If sold off the shelf, it could cost more than 150 times the price of a gallon of cow's milk and 15 times more than coffee.

Going for as much as $4 an ounce, breast milk is a hot commodity that is emerging as a surprisingly cutthroat industry, one that U.S. states are seeking to regulate amid a battle for control between non-profit and for-profit banks that supply hospital neonatal units.

The debate among the for-profit and non-profit organizations can be sharp-elbowed. It centres on whose processes result in the safest milk for premature babies in neonatal intensive care units, which need the milk if a mother has difficulty producing enough or the child has trouble latching. Each side claims the moral high ground, with non-profits generally saying milk distribution should be altruistic while for-profit companies argue mothers deserve to be compensated.

Rachel Palencik holds a container of her frozen breast milk. Palencik recently tried to sell her milk and wants to be sure it goes to one of 4,000 mothers who rely on 15 non-profit milk banks setup across the U.S. However, the entry of for-profit milk banks have created tension between the industry and state lawmakers as they begin to impose industry regulations.
MATT ROURKE/THE ASSOCIATED PRESS

In the United States, there are two for-profit companies and soon to be three, and one non-profit that oversees 15 milk banks in the U.S. in addition to three in Canada. Ten non-profit banks are in development. Against this backdrop, lawmakers in New Jersey and Michigan are considering legislation to license banks, while legislators in California, Maryland, New York and Texas already have regulations.

Rachel Palencik, of West Chester, Pa., said her breast milk was taking up space in her freezer, so she tried to donate it to a bank but didn't have enough. So she tried to sell it — and wouldn't try it again.

"A lot of it was either scammers or men wanting to consume it, which isn't my cup of tea," she said.

There's broad agreement in the milk-banking industry of a shortage of human milk available for hospitals and NICUs. The non-profit Human Milk Banking Association of North America estimates that there are 4,000 moms using its banks across the U.S. and it would take 60,000 to meet hospitals' demand for milk.

There is also a largely shared view that it's important for donor milk to be thoroughly screened for bacteria, drugs and adulteration by cow's milk.

The non-profits say they respect the right of moms to sell their milk because it is theirs, but they question the profit motives of companies like Medolac, Prolacta and the soon-to-be-operational International Milk Bank.

The for-profit companies offer moms the chance to earn $1 an ounce to $2.50 an ounce for their milk. In turn, hospitals can pay as little as $4. The companies say mothers have a right to earn money for their milk and their model can end the shortage. THE ASSOCIATED PRESS

IN BRIEF

HSBC fires six employees for ISIL-inspired exercise

HSBC has fired six employees who staged a mock group-style killing during a team-building exercise in the vein of those committed by the Islamic State of Iraq and the Levant (ISIL).

The Sun newspaper reported Tuesday the footage posted online showed five workers wearing overalls and balaclavas laughing as a South Asian colleague wearing an orange jumpsuit knelt at their feet.

HSBC says it fired those involved as soon as the video was brought to their attention. THE ASSOCIATED PRESS

market minute

DOLLAR 78.67¢ (-0.37¢)

TSX 14,624.50 (+30.93)

OIL $52.33 US (-$0.20)

GOLD $1,154.30 US (-$20.60)

NATURAL GAS: $2.716US (-4¢)
DOW JONES: 17,776.91 (+93.33)

GREECE

Tourism strong despite bank crisis

Greece is known the world over for its historic sites, sparkling sea, and lovely, vine-shaded restaurants. Add riot police, shuttered banks, and lines at cash machines and the picture clouds.

This is the reality facing tourism in Greece this year, as the peak summer season in the popular destination is threatened by a financial crisis of frightening proportions. Up until now, the charming cafes and outdoor restaurants near the Acropolis have remained overflowing with tourists, but considering the bad publicity of the past week's events, many businesses say they are beginning to see cancellations and a slowdown in reservations.

"Our future bookings are down 20 to 30 per cent," said Edward Fisher, who owns and operates Athens Backpackers and Athens Studios, with prime locations near the Acropolis that cater mostly to youthful travellers without mega-budgets.

He blamed the global media for the marked slowdown, and said he believes it will only be a "temporary blip" because of Greece's timeless appeal.

"There's something mystical about Greece," said the Australian who started his business 12 years ago.

"It tickles a different sense. (...) So we're not panicking."

Tourism and the foreign funds it generates are vital for Greece's hoped-for recovery from its deeply indebted state. The World Travel and Tourism Council said tourism's direct contribution to the Greek economy was more than 29 billion euros ($32 billion US) in 2014, accounting for just over 17 per cent of the country's GDP.

As such, the Greek National Tourist Board is taking steps to reassure tourists their credit cards and bank cards will work normally and that restrictions applied to Greek citizens will not apply to visitors.

"There are more rumours about cancellations than actual cancellations and reservations are still coming in," said Lysandros Tsilidis, president of the Hellenic Association of Travel and Tourist Agencies. "Tourists are having no problems."

John Kopari, visiting from Duluth, Minnesota, added the crisis hasn't affected him and his family "one bit."

But for those who haven't yet booked their trips, such assurances are not soothing fears that the ATMs and the banks may soon run out of cash altogether, unless there is an infusion of euros from the European Central Bank. THE ASSOCIATED PRESS

ENTERTAINMENT

Cineplex reduces drink sizes at theatres

Jessica Smith Cross
Metro | Toronto

The Cineplex chain of theatres is reducing the size of its regular and large drinks, but not its prices.

"We've reduced the size of a large drink from 44 ounces to 32 ounces, and a regular drink from 32 to 24 ounces, and all other sizes remain the same," said Cineplex spokesman Michael Langdon. "The prices are the same."

He said the change was made because Cineplex believes people prefer smaller drinks.

"That's something that's true across the industry. If you look at our 44-ounce drink, for example, after a movie you'll see a lot of them left unfinished."

The theatres piloted the change in B.C., Alberta and Saskatchewan in 2013 and recently began rolling it out across the rest of the chain, Langdon said.

Haligonian movie-goer Mark Crosby wrote Metro about the change after he noticed his regular large drink had gotten smaller. When he asked what happened, he was told that change was because the theatres were "complying with Canadian law," he said.

> **"We've reduced the ... large drink from 44 ounces to 32."**
> Michael Langdon, Cineplex spokesman

However, there is no law in Canada about drink sizes. When he pointed that out in a complaint, Cineplex's Guest Services sent him a response saying, the company is "proactively responding to a potential legislation restricting the sales of deemed large beverage sizes,"

Langdon said that was an error. Cineplex has been preparing for the 2017 Ontario Healthy Choices Act, which will make large chains put calorie counts on their menus but not affect drink sizes, he said

ECONOMY

Federal trade deficit increases to $3.34B

Canada's trade deficit grew to $3.34 billion in May compared with $3.0 billion in April, increasing the chances the Bank of Canada will cut its key interest rate next week, economists said Tuesday.

BMO senior economist Benjamin Reitzes said Canada's trade balance is on pace for a record deficit in the second quarter.

"This report caps a run of soft data over recent months and suggests that trade will not be nearly as positive as anticipated at the start of the year," Reitzes said.

"Unless we get another massively positive jobs report ... there's a good chance Governor (Stephen) Poloz will cut rates at next week's policy meeting."

Economists had expected a deficit of $2.5 billion, according to Thomson Reuters.

Statistics Canada said export volumes decreased 2.5 per cent while prices increased 1.9 per cent. Import volumes were up 0.3 per cent. Prices edged down 0.1 per cent. THE CANADIAN PRESS

ROCHON | GENOVA LLP
BARRISTERS – AVOCATS

DISABILITY CLAIMS?
Have you been denied or cut off from your long or short–term disability insurance benefits? We can help you!

- Free Consultation
- No payment until claim is settled

Call: 416-363-1867
www.rochongenova.com

metro VIEWS
Your essential daily news
Wednesday, July 8, 2015

THE BIG THING: THE R-WORD

"We are in a fragile economic environment."
— Finance Minister Joe Oliver, July 7, 2015

1. **Change of tone** Finance Minister Joe Oliver's measured comments Tuesday stand in contrast to July 2, when he said, "We're going to see solid growth ... we don't believe there will be (a recession)." Recent months have seen tanking oil prices and the first drop in capital investment since the financial crisis. If the economy is shrinking, it could throw a wrench into the government's election promise of a balanced budget.

2. **Who decides?** Officially, a recession is two straight quarters of decline in gross domestic product (the total goods and services Canada produced during those three months). GDP fell 0.1 per cent in 2015's first quarter. Second-quarter results are due from Statistics Canada on Sept. 1. If they're negative, we'll be in recession.

3. **Team recession** A chorus from the private sector predicts tough times ahead. TD Bank argues the first half of 2015 was likely a recession, Bank of America Merrill Lynch says we appear to be in a downturn and CIBC economists say it's "a real possibility."

Make your patriot love truer: Read TRC report

Last week, 34,000 people endured thunderstorms to celebrate Canada Day on Parliament Hill, where Prime Minister Stephen Harper told them, "A little bit of bad weather is never going to keep Canadians down." He said to the crowd, "We are a kind and generous society. No better place in the world than this country ... more confident, more prosperous, more united than ever — the best country in the world!"

In the 18th century, Dr. Samuel Johnson described patriotism as "the last refuge of a scoundrel."

He meant not to disparage all patriots, but to note that, lacking other supports for their positions, people arguing in bad faith often rely on easy appeals to love of country.

Harper may have been right about some of the points he made that rainy day. But it was strange to hear such unchecked pronouncements a scant kilometre from the Delta Ottawa, where the Truth and Reconciliation Commission of Canada recently wrapped up its six years of investigation into what it called cultural genocide in the Indian Residential Schools.

Those of us who were present to hear statements at the TRC's Survivors' Sharing Circle have been shown a far more complicated and tragic understanding of Canadian nationhood than tends to be presented in celebratory political speeches.

This is a bountiful country, yes, but one whose wealth has often come from exploitation of indigenous people and their lands. If it is a great country, that greatness has frequently been used to prevent discussion of the more painful aspects of our history.

And yet the realities of residential schools are now laid out in clear type, for all those who wish to know what our ancestors and their governments did to destroy indigenous communities and cultures in the name of our country and the notion of a white, European-Canadian identity.

The best response to crude patriotism is to educate yourself — to know what is this country you love, in all its weaknesses and faults. In that light, I'm joining the call — initiated by Chelsea Vowel and Wab Kinew, and carried on by Erica Violet Lee and Zoe Todd's #ReadtheTRCReport project — for Canadians to make the TRC's easy-to-read 400-page executive summary their primary piece of summer reading. Never has there been a better time for Canadians to learn the details of what our country did to indigenous people, and how our actions over 120 years provided the foundation of the addiction, abuse and dysfunction sadly endemic to so many aboriginal communities.

I don't intend to discourage people who love Canada from feeling how they do and expressing that love however they wish. But I believe those attached to this nation should face the evidence of the atrocities it was responsible for. So they may better understand the place they come from and love, may better love it in spite of its faults, and may better, as citizens, act upon what they learn from the truths told to the TRC.

This is a bountiful country, yes, but one whose wealth has often come from exploitation of indigenous people and their lands.

Jesse Staniforth is a reporter for the Nation magazine, serving the Cree Nation of Eeyou Istchee in northern Quebec. Follow him on Twitter @JBS_nation.

ROSEMARY WESTWOOD

metroview

To the Cosby fans who scoff at truth and consequences

This one goes out to you, the thousands of fans who packed auditoriums in Ontario last winter to watch Bill Cosby crack jokes, knowing full well he'd been accused by more than 20 women (at the time) of rape.

You gave him the benefit of the doubt, you told me. He (through a lawyer) dismissed the allegations as absurd, and that was good enough for you. He was still the iconic dad who could do no wrong.

Unless, by wrong, you mean purchasing the sedative Quaalude to give to women he wanted to have sex with. Cosby, under oath in 2005, admitted to doing just that, according to court documents newly obtained by the Associated Press. During that lawsuit, which was eventually settled out of court, he said he also gave one woman three half-pills of Benadryl.

Celebrity-father-figure love is blind. And that's why this revelation, as satisfying as it is for people like me, isn't really for me at all.

As I said — it's for you. You, mostly middle-aged crowd who piled into Kitchener's Centre in the Square theatre in January, months after snowballing accusations caused Netflix and NBC to cancel planned Cosby shows, amid a comedy tour collapsing under a slew of cancelled dates. I watched you from the press rows as you applauded Cosby's trademark antics, warm in your seats while protesters shouted in the cold outside.

Later that week, in London, Ont., he told a woman in the audience to be careful drinking around him.

"Ha ha ha ha!" you laughed.

Cosby, in sweaters knitted like a tangle of Technicolor snakes, had cradled you into adulthood with his quirky, principled parenting on The Cosby Show.

But do you recall Season 5, Episode 12? It's the one called "Truth or Consequences." In it, Cosby gives his daughter Vanessa and her boyfriend a stern talking-to after Vanessa lies to her parents about seeing him (she says she's doing homework).

The moral of the episode is twofold.

One, don't fall into the "abyss of untruth," to quote Clair Huxtable. That, in real-life terms, might look something like repeated denials that you ply women with drugs, when the truth is, you do.

Two, don't aid others in lies of their own. And that, in real-life terms, might look something like paying to see a comic who overwhelming evidence suggests is a rapist, so he can parade on stage and keep raking in money, truth be damned — and consequences.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER METRO EASTERN CANADA
Greg Lutes

MANAGING EDITOR TORONTO
Angela Mullins

ADVERTISER INQUIRIES
adinfotoronto@metronews.ca
General phone 416-486-4900

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Myseum is your chance to share local culture

Myseum of Toronto, a new non-profit "museum without walls," has partnered with the 48th annual Scotiabank Toronto Caribbean Carnival to launch its new program, Myseum on the Move.

Myseum is still in its relative infancy — the organization, which is focused on telling Toronto's cultural stories, received its charitable status just last August.

"We're a new start-up so we're very keen to get the word out about our project around the city," says Diane Blake, founder and lead sponsor of Myseum. "We're very energetic and enthusiastic to partner with the Carnival."

Blake is no stranger to exploring history — along with her work with grassroots social groups, she is co-chairing the fundraising campaign to archive TVO's historic media content.

Myseum's enthusiasm to share Toronto's stories is welcomed by the city, says Toronto Coun. Joe Mihevc.

"As the world of the Americas and the Caribbean comes to Toronto in the next little while, we as Torontonians will be able to show off to the world the kind of society and cultures we have here in the city of Toronto," he says.

BRITTANY CLARK PHOTO

The "my" of Myseum is meant to encourage Torontonians to share their experiences and help build this exhibition. As part of its partnership with the annual colourful and music-filled Caribbean Carnival, Myseum will kick things off with its pop-up Myseum on the Move program at the Carnival's grand parade. Registered participants can help build Myseum's first digital collection by telling their stories and sharing articles and items that represent Carnival and Toronto.

"We encourage you all to share your photographs, videos and objects of memorabilia," Blake says. "We look forward to co-creating with you."

Subsequent pop-up sharing experiences will take place later in the summer at several Toronto locations, including the Elmbank Community Centre, the Canadian Lesbian and Gay Archives, and the Toronto Botanical Gardens.

Carnival participants can register online and are encouraged to share their experiences or objects through a questionnaire. Antiques Roadshow-style, multidisciplinary Myseum experts will be on hand to document and discuss the importance of the objects and stories.

For more, visit myseumoftoronto.com.

– Astrid Van Den Broek

JOIN US FOR MYSEUM*ONTHEMOVE*

Come share with us your personal photos, objects, and memorabilia that represent what Toronto means to you. To learn more about Myseum of Toronto and for programme details please visit our website at: www.myseumoftoronto.com.

Saturday, August 1
Scotiabank Toronto Caribbean Carnival Grand Parade
(Exhibition Place, VIP Section)
11:30 am - 3:30 pm

Thursday, August 20
Elmbank Community Centre
3:00 pm - 6:00 pm

Friday, August 28
Canadian Lesbian and Gay Archives
5:00 pm - 8:30 pm

Saturday, September 26
Toronto Botanical Gardens
12:00 pm - 4:00 pm

@myseumTO /myseumoftoronto /myseumtoronto

Program Supporter
RBC Foundation

FINISH
START
CHEVROLET. THE OFFICIAL VEHICLE OF THE AMAZING RACE CANADA
THE AMAZING RACE CANADA
CTV
FIND NEW ROADS
CHEVROLET

metro LIFE
Your essential daily news

A recreation of Michelangelo's Sistine Chapel ceiling opens Friday in Montreal

5 FOOD TRENDS SWEET, BOOZY, CRISP OR PLAIN NUTTY

Chips made of broccoli. Maple water. Wine-spiked ice cream. Popcorn that didn't quite fulfil its destiny. These are some alternate-universe products at the recent Fancy Food Show in New York that could signal coming trends. Here are five potential foods of the future exhibitors were showing off THE ASSOCIATED PRESS

1 Sexy snacks

Holding a bag of chips with the word "Sexy" in big letters can cure shyness. At least that's what Sexy snacks founder Robert Ehrlich told visitors to his booth. "When you hold a bag, you are sort of empowering yourself," he says.

The most notable aspects of the snacks may be the name and Ehrlich, whose claim to fame is his founding of Pirate's Booty, says the snacks are a way for people to brand themselves, as they might with sneakers or handbags. The popcorn comes in flavours like Bangin' Cheddar and Brazilian Coconut, and the chips come in flavours including Spinach & Matcha Tea.

2 Broccoli Bites

A prevalent theme was snacks made from unusual ingredients; think bags of roasted chickpeas, cheese puffs made out of beans, and chips made out of seaweed.

Another example was Broccoli Bites from Rhythm Foods. Before they're dehydrated, the broccoli is tossed in a dressing made with seeds, herbs and spices to add flavour and prevent crumbling. Each 1.5-ounce bag has 150 calories.

Even though kale has surged in popularity in recent years, Rhythm Foods CEO Scott Jensen said he expects the broccoli snacks to be a lot easier to sell to buyers. And he's already working on the next vegetable snack: cauliflower.

3 Wine ice cream

Instead of a glass, this wine can be served in a cone.

Mercer's, a dairy in upstate New York, was offering tastes of its "wine ice cream," which has up to 5 per cent alcohol. The ice creams come in eight flavours including Strawberry Sparkling and Chocolate Cabernet.

Roxaina Hurlburt, a co-owner of Mercer's, said the dairy has been making traditional ice cream for 60 years and started packaging the wine ice cream in 2008. She said it's sold online and in about 200 locations around the U.S., including places like casinos and wineries. It's also sold in Montreal.

4 Half-popped kernels

Do you think those half-popped kernels at the bottom of the popcorn bag are the best part? Now two companies are selling bags of just those bits.

HalfPops and Pop'd Kerns offer the snacks in different flavours, with a one-ounce serving containing between 130 and 160 calories, depending on the flavour.

HalfPops, based in Bellevue, Wash., says it uses a proprietary process to cook the kernels. Six-ounce bags of HalfPops are available online and at about 2,000 U.S. locations, including some Whole Foods and Wegman's, said Mike Watts, the company's vice-president of marketing.

5 Maple water

Is maple water the next coconut water?

Drink Maple sells bottles of maple water it says is tapped from maple trees.

It's the same stuff that's boiled down into maple syrup. The clear liquid has the consistency of water and a lightly sweetened taste, with a 12-ounce bottle labelled as having 30 calories and 7 grams of sugar.

The product also seems to hit on all the prevailing dietary trends: the company's website notes maple water is "low calorie, gluten-free, dairy-free and non-GMO." It also says "no trees are harmed" in the collection process.

Canadian brands, tapped in Ontario and Quebec, can be found in some local Whole Foods and small health-food stores.

How's the news today?

Join our Online Reader Panel and help make your **Metro News** even better. Join for a chance to win a $25 gift card.

metronews.ca/panel metro

ARE YOU A HEALTHY MALE OR FEMALE?

Inflamax Research is seeking healthy males & females:
18+
Non smokers
Not currently taking medication

You may receive up to $1,600 upon study completion

inflamax RESEARCH

For more study details, contact us
1-888-989-1808 | www.SneezeToronto.com

GREEK CUISINE

'Eat like a Greek' with these simple Mediterranean delicacies

Adding the Opa! to your diet

The Kalamata olive is often recognized as the official Greek olive, and is distinct in taste and appearance from most green and black olives. While Kalamata olives are high in sodium, they are also rich in healthy fats. ISTOCK

WORD OF MOUTH
Theresa Albert
myfriendinfood.com

The world's eyes are on Greece right now and so, too, our stomachs. We truly are a global village as we share our air, our climate and our economies. One way to support a country is to invest in or buy their exports. But that could just be my tummy talking.

Here are some excellent foods and flavours that come out of Greece:

An olive to know, love and devour

Greece produces some of the world's best olive oils from groves that are 500 to 1,500 years old. This means a root system that — like Greek culture — is steeped in terroir, history and love.

Kalamata olives have a protected designation of origin (PDO) title. This means that if it says Kalamata, it has to have been produced in Kalamata, Greece. This olive is the deep purple almond-shaped olive of intense juicy flavour, which develops on the tree as it must be picked ripe. Not to be confused with black olives, which can be of any variety and have a wide range of sizes, shapes and flavours.

TORSTAR NEWS SERVICE

Things can only get feta

Greek feta is made with a combination of goat's and sheep's milk cheese, which gives it a creamier texture than the cow's milk feta. It is brined in salt water for up to a couple of months. The more aged, the more firm the texture.

Come on people now, smile on your Greek brother. Do your bit and have a souvlaki cookout, Opa!

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food.

WINE

Rosé is wiser than you think

LIQUID ASSETS
Peter Rockwell
@therealwineguy

When you're a White Zinfandel, it's not easy being pink.

Though one of the best-selling wine styles in Canada, White Zin can't escape its reputation for simplistic flavours that often lean too far into gummy sweetness.

However, sales of more classically formed rosés are on an upswing across the country — especially those made locally.

Sutter Home's 2014 White Zinfandel ($9.05 - $12.49) is the original. The idea that a refreshing, pink wine could be created if red juice saw less skin contact was conceived at the winery back in the 1970s.

Berry-bright with a drier finish than most, Sutter Home's version is a perfect back deck mate on a hot day — especially if you pour it over ice.

ROSE REISMAN'S personal GOURMET

Now Available
Heart Healty SENIOR MEALS
Only $8.95 per meal

Need Help Stocking Your Parents Freezer?

Senior Favourites: Salmon Teriyaki, Beef Brisket, Sheppard's Pie, Vegetarian Lasagna, and more!

The solution: Rose Reisman's Personal Gourmet

personalgourmet.ca or call 416.721.0560

We are looking for healthy, non-smoking females 18-45 years of age and free of daily medications to participate in an upcoming study.

Lambda Therapeutic Research Inc.

Study #: 256-15 with 3 sessions

LAMBDA

	Check-in	Exit
Period 1:	July 24th, 2015	August 5th, 2015
Period 2:	August 21st, 2015	September 2nd, 2015
Period 3:	September 18th, 2015	September 30th, 2015

Participants are compensated for their time.

Compensation is $6000 for completing the entire study!

FOR MORE INFORMATION PLEASE CONTACT:

416-752-3333 Mon-Fri: 9am-5pm
Toll Free: 1-866-207-3333 Mon-Fri: 9am-5pm

www.lambdacanada-cro.com www.todaysresearch.com
Location: 460 Comstock Road, Toronto, M1L 4S4

Halle Berry's summer stunner

EXTANT

Actress says the best stuff is on TV — including her show

Ned Ehrbar
Metro Life

Last summer, astronaut Molly Woods (Halle Berry) thought she'd saved humanity from certain doom, but of course that's not the case or else there wouldn't be a Season 2 for Extant, Berry's first foray into network television. It airs Wednesdays at 10 p.m. ET/PT on Global.

So what has Berry learned from her first year on TV?

"It is a whole lot of work. I mean, I've never worked so hard in my life as last year," Berry says. "And I was nursing — my baby was 3 months old — so I was doing drive-by nursings every two hours ... and I was in over my head with the amount of scenes we shoot in a day, the things I had to memorize."

Needless to say, Season 2 was a much smoother experience.

"This year, without having the baby nursing, is better than last year," she says.

"But it was an awakening last year. I thought, 'I'm going to go into TV, be at home with my family.' I didn't see my family and I never worked harder in my life. So hats off to everybody who does television, because it's a grind."

When Oscar-winner Berry signed up for the show last year, it was big news — despite her being far from the first big-screen star to make the transition. But Berry insists there was no hesitation in her decision.

"Not in this day and age. Maybe 10 years ago I would have had cause to pause. But the best things, in my opinion, are on television," she says.

"As artists, we want to share what we do with the world and this is a really good medium to do that."

ROBOT KID

Extant features Berry's character grappling with having a robot son, Ethan, who ended up relegated to the cloud at the end of Season 1. Recent upgrades in Berry's own life have changed how she approaches that on-screen relationship. "Now that I have a son, I really do see the difference in relationship, from having a little girl and having a boy and the special relationship that mothers and sons have," she says. "I'm happy in our show this year that there is Ethan and I get to continue to explore what that relationship might be with a twist, because he is a robot. Does he take the place of a real child? ... Can a robot have humanity? Can they love? Can they have a human exchange?"

Halle Berry is back on the small screen as astronaut Molly Woods in Extant . HANDOUT

metro

THE HANDY POCKET VERSION!

Get the news as it happens

Download the Metro News App today at metronews.ca/mobile

PANDORA

July 2-12
FREE RING
WITH PURCHASE OF ANY TWO RINGS

Auroras
GIFTS FOR EVERY OCCASION
1610 Midland Avenue
Toronto, Ontario, M1P3C2
416.752.9300 | 1.800.668.3333
www.auroracollectibles.com

Purchase two PANDORA rings and receive a FREE third ring. Free ring must be of equal or lesser value to the least expensive ring purchased. While supplies last. See store for details.

Ex-Ex marks the frank sex talk

ROM-COM

Screenwriter says dialogue based on real conversations

Steve Gow
For Metro | Life

My Ex-Ex, starring Katherine Barrell, third from left, as a woman whose love life takes an unexpected turn, opens cross-Canada on Wednesday. Co-star Andre Bharti, left, wrote the screenplay and says a lot of the movie is "very true to life." MICHAEL HELMER

Inspiration can be a terribly fickle thing. For writer and actor Andre Bharti, however, it simply arose out of the pages of a supermarket tabloid.

"It was one of those movies that writes itself," laughed Bharti in Toronto recently. "I was reading the National Enquirer and there was an article where a psychic said she could connect you with your ex (and) I thought, what if she messes up?"

With that, the Toronto filmmaker composed My Ex-Ex — a new romantic comedy that follows a young woman who, after being dumped by her rich suitor, accepts spiritual advice to reunite with a deadbeat college boyfriend who can't even hold down a job under his father.

"To be honest, a lot of it is very true to life," said Bharti, admitting that although he also worked for his father — founder of one of Canada's leading merchant banks — his creative ambitions were never questioned.

"He supported me that way. I was writing poetry when I was six years old, so I think he realized I wasn't going to be the business guy."

Instead, Bharti studied drama at Queen's University in Kingston where he not only learned to write screenplays, he even found inspiration for the movie's cast of raunchy characters. Insisting on authenticity, My Ex-Ex has been praised for the candid way its characters speak about sex — especially the ladies.

"I met powerful females in Kingston and I could not believe how much raunchier they were than me," said Bharti.

"These are really beautiful, great ladies, but they talked about everything like in the movie. I didn't make that up. The character's names are different, so you wouldn't know who it is but those are real conversations."

With its forthright perspective on modern romance, My Ex-Ex has impressed in its recent festival run — so much so that the movie was selected as part of the Canadian Indie Film Series, where it premieres Wednesday at theatres across Canada.

"I never made this movie to win an Oscar (but) everyone who watches it says they leave with at least three (scenes) they can't forget," admitted Bharti.

"If you have a good sense of humour and take it for what it is, you'll hopefully have fun."

> **I met powerful females in Kingston and I could not believe how much raunchier they were than me.** Andre Bharti

MODERN LOVE

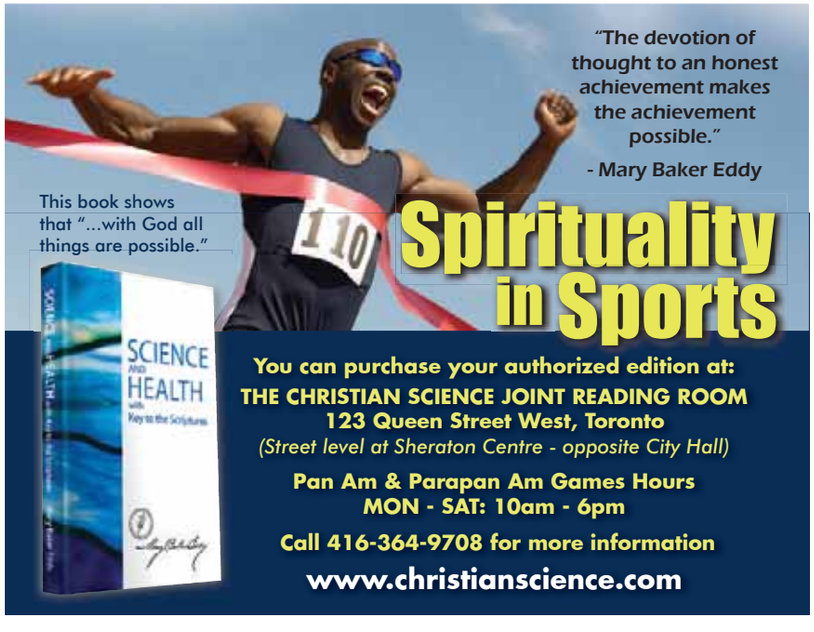
Going far ... but not too far:
"My heartfelt story might be on the more raunchy side, but I don't think it should offend anybody," said Bharti. "There's nothing sexist, racist or stupid like that (so) why would it be (offensive)?"

Guys like rom-coms, too:
"I think guys would get this movie as well as girls," said Bharti. "Romantic comedies — let's be honest, guys try to act tough, but we're really not. I cried at Pretty Woman."

It ain't easy being Canadian:
"When you're a Canadian filmmaker, you're kind of behind the 8-ball," said Bharti. "It was just a young crew that believed in the project and we really pushed — we did it in 18 days and no one complained."

THE CAST

Alongside Bharti, the roster of Canadian talent includes Katherine Barrell (The Scarehouse, Murdoch Mysteries), Ray Galletti (Hemlock Grove, Arrow), Jesse Camacho (Less Than Kind), Randal Edwards (Package Deal) and Alistair Forbes (Second City).


"The devotion of thought to an honest achievement makes the achievement possible."
- Mary Baker Eddy
This book shows that "...with God all things are possible."
Spirituality in Sports
SCIENCE AND HEALTH with Key to the Scriptures
You can purchase your authorized edition at:
THE CHRISTIAN SCIENCE JOINT READING ROOM
123 Queen Street West, Toronto
(Street level at Sheraton Centre - opposite City Hall)
Pan Am & Parapan Am Games Hours
MON - SAT: 10am - 6pm
Call 416-364-9708 for more information
www.christianscience.com

AWARD RECOGNITION

Stars stump for a stunt Oscar

Will the Academy of Motion Picture Arts and Sciences one day reward the work of stunt co-ordinators? For decades now, these daredevils have been fighting for this recognition and have garnered the support of numerous Hollywood stars.

Since 1991, Jack Gill, a stunt co-ordinator for film and television, has been fighting for a cause dear to him: the creation of an Oscar category recognizing stunts. He isn't alone in wanting recognition for his profession, either. By his side, several big Hollywood names are also campaigning for this additional statue: Steven Spielberg, Martin Scorsese, Brad Pitt, Arnold Schwarzenegger. Johnny Depp and Vin Diesel even showed their support in writing.

In a letter to the Academy, Johnny Depp wrote in part, "I believe it's time that the valiant stuntmen and women deserve to be recognized come each and every award season and hence I am happy and proud to support a campaign to create an Academy Award category for Best Stunt Coordinator."

Action star Jason Statham has been vocal in his support for years.

"I think it is an overlooked category," Statham recently told Vanity Fair, especially considering "how much responsibility these co-ordinators have for some of the greatest entertainment in action movies."

Unfortunately, it seems that Gill's 25-year crusade will not have a happy ending this year. Using the same arguments as before, the Academy's leadership is poised to once again ignore his demands for recognition.

Some of the reasons Gill has been given before are that there are already too many awards in the Oscars telecast as it is (he says he'd be fine with an award handed out off-air) or that there is a risk of not enough stunt-heavy movies in any given year (with the preponderance of action scenes across a range of genres, he says there would be more than enough). AFP

Jason Statham
GETTY IMAGES

Bieber inspires an all-new race to the bottom

BUTT OF THE JOKE

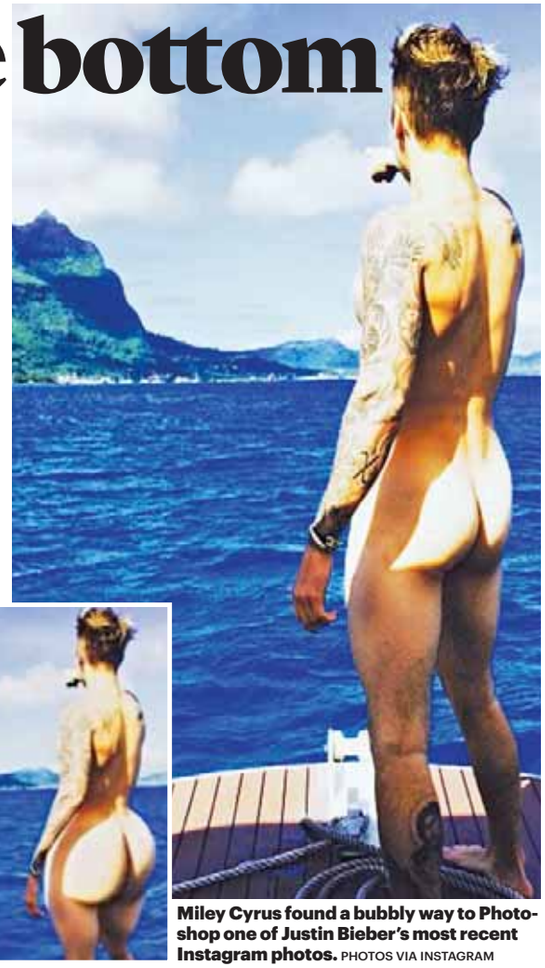
Internet gives Justin Bieber the Kardashian bum treatment

Justin Bieber has gifted the Internet with a bright, colourful photo of his gleaming white bum, and the Internet is not one to look a gift butt in the mouth. (Wait, what?) Truly, it's a magnificent sight, captioned with the simple, imploring command to "Look." He is, after all, an artist.

But the Internet did more than just look. No, the snarky digital collective has heard the challenge thrown down by Canada's reigning pop imp, and they have answered in rare form with some truly amazing Photoshop magic.

If Kim Kardashian's bare ass broke the Internet, it's Justin Bieber's that put it back together again.

And sometimes it's Bieber's fellow pop stars who have the best responses to these things, as Miley Cyrus proved. NED EHRBAR



Miley Cyrus found a bubbly way to Photoshop one of Justin Bieber's most recent Instagram photos. PHOTOS VIA INSTAGRAM

MAGIC MIKE

Stripping down to the dirty truth

If Channing Tatum wants to continue to cash in on his days as a desperate male stripper for lucrative Magic Mike movies — and why wouldn't he? — then he's going to have to keep fielding questions about his days on the pole.

"It was one complete year of down-the-rabbit-hole crazy. I am glad I moved on. It definitely has some seedy, darker sides," he tells the Daily Telegraph. "I did a lot of bad things for one dollar bills."

Is he teasing more material for the third — and inevitably in 3D — Magic Mike instalment? Because sure!

Also of note in the world of Tatum wisdom: Being a stripper and being in a relationship is tricky. "Just think about it. You have your wife or your girlfriend, and then you go and basically run your junk all over women as a job," he explains helpfully. "That can get confusing." NED EHRBAR

PARENTHOOD

Ryan Reynolds not a big fan of time

Becoming a dad has taught Ryan Reynolds more than a few things, most notably that he's now terrified by the unrelenting forward march of time toward oblivion all mortals must face. Wow, that got heavy quick. Let's let him explain:

"You suddenly feel the inexorable amount of time go by," he tells AOL Build. "There's nothing that ages you faster than having a kid, and that's not because you wake up in the middle of the night every five seconds because someone's got to s— themselves. It's really because you're looking at this person and time is just flying by, like how is it possible that you're already half a year old? And when most people are given at best 90 of these years on this planet, you start to look at it like that. It freaks you out a little bit." It certainly does. Thanks, dude, for freaking the rest of us out, too. NED EHRBAR

GOSSIP NOTES

New contract 'okily-dokily'

Fox announced Tuesday that Harry Shearer and his many voices are returning to The Simpsons for its 27th and 28th seasons after a contentious and public contract dispute. Dueling tweets in May between Shearer and Simpsons executive producer Al Jean suggested Shearer might be leaving the Fox cartoon series, where he has voiced numerous key characters since it debuted in 1989. THE ASSOCIATED PRESS

Celebrity duo getting cosier

Let's check in on the romantic goings-on of on-again, off-again Katy Perry and John Mayer, shall we? After spending the spring popping up on dates for dinner in L.A. and general merriment at Disneyland, Katy Perry and John Mayer were most recently spotted soaking in the farewell concert for the Grateful Dead in Chicago. NED EHRBAR

ANNIVERSARY

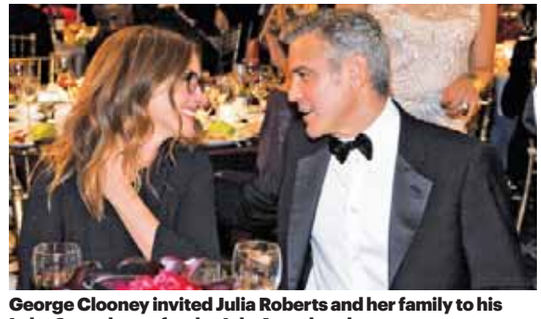
Julia Roberts celebrates 13th wedding anniversary with style

Ah, the benefits of being pals with George Clooney. Sometimes it means a guaranteed spot in the Oceans movies, sometimes it means a never-ending spate of practical jokes, but sometimes — if you're lucky — it means unfettered access to his Italian lakeside estate.

Julia Roberts recently exploited that privilege, celebrating her 13th wedding anniversary with Danny Moder at Clooney's Lake Como home. Of course, Clooney and his wife and some friends were also there, but that's a small price to pay for such luxury.

The trip also included the couple's three children, 10-year-old twins Phinnaeus and Hazel and 8-year-old Henry, who joined their parents for a putter around the lake in a motorboat. "It was so lovely, a real family outing," a source tells E! News. "She looked so taken with her daughter, she held her in her arms on the boat. Moder meanwhile was driving, and the boys were there, happy as they could possibly be. It was a picture of serenity, family moments."

Aw. Thanks, George! NED EHRBAR



George Clooney invited Julia Roberts and her family to his Lake Como home for the July 4 weekend. GETTY IMAGES

COMPASS Holidays
905-695-2229
general@compassholidays.net
visit www.compassholidays.net
60 West Wilmot St., Unit 1, L4B 1M6
TICO No:467111

Europe Package
From CAD $1299
+610 taxes p/p
Guaranteed Departure Date:
Sep 17 - Sep 26
Oct 8 - Oct 17
Dec 22-Dec 31

Green Line–10 Days Europe tour for 5 countries
Switzerland, Vatican, French Riviera, Italy

Red Line - 10 Days Europe tour for 5 countries
France, Luxembourg, Germany, Netherlands, Belgium

Package Inclusions:
- Round trip international airfare
- 3* Accommodation
- Daily breakfast as per itinerary
- Sightseeing and orientation tours included in the itinerary
- Daily transportation on modern air-conditioned coaches
- English speaking guide

Recommend Land Package
From CAD $1799
+610 taxes p/p

Classic Turkey - 10 Days
Istanbul, Bursa, Pamukkale, Antalya, Cappadocia, Ankara

Air Inclusive package includes:
- Round trip international airfare
- Local 5 star accommodation with daily breakfast
- Entrance fees

Professional English Speaking local guide

CHEVROLET

GET 20% CASH CREDIT OF MSRP = $10,518

ON SELECT 2015 VEHICLES IN STOCK THE LONGEST.[1]

CASH CREDIT ON SILVERADO CREW CAB LTZ Z71

INVENTORY IS LIMITED SO VISIT YOUR DEALER TODAY. ENDS JULY 28TH!

2015 SONIC

E.g.: $3,899
CASH CREDIT ON SONIC LT 5 DOOR
$19,495 MSRP

2015 SPARK

E.g.: $3,019
CASH CREDIT ON SPARK LS AIR & AUTO
$15,095 MSRP

2015 TRAX

E.g.: $5,242
CASH CREDIT ON TRAX LT AWD
$26,210 MSRP

2015 CRUZE

E.g.: $4,298
CASH CREDIT ON CRUZE LT AIR & AUTO
$21,490 MSRP

20% OF MSRP CASH CREDIT

ON SELECT 2015 MODELS IN STOCK THE LONGEST

2015 EQUINOX

E.g.: $6,374
CASH CREDIT ON EQUINOX LT AWD
$31,870 MSRP

2015 MALIBU

E.g.: $5,721
CASH CREDIT ON MALIBU LT + POWER CONVENIENCE PACKAGE
$28,605 MSRP

2015 SILVERADO 1500

E.g.: $10,518
CASH CREDIT ON SILVERADO CREW CAB LTZ Z71
$52,590 MSRP

2015 TRAVERSE

E.g.: $8,372
CASH CREDIT ON TRAVERSE LT AWD
$41,860 MSRP

CAN'T FIND WHAT YOU'RE LOOKING FOR AT 20%?

0% LEASING UP TO 36 MONTHS
FINANCING UP TO 84 MONTHS
on other vehicles [2/3]

ALL 2015s COME WITH CHEVROLET COMPLETE CARE:

- 2 YEARS/40,000 KM COMPLIMENTARY OIL CHANGES**
- 5 YEARS/160,000 KM POWERTRAIN WARRANTY▲
- 5 YEARS/160,000 KM ROADSIDE ASSISTANCE▲

CHEVROLET

FIND NEW ROADS™ / chevrolet.ca

Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. ***Air levies included. Freight & PDI ($1,600/$1,600/$1,600/$1,650/$1,695/$1,650/$1,650/$1,650), registration, tire levies and OMVIC fees, insurance, licence, PPSA, dealer fees and applicable taxes not included in 20% offers. Offers apply as indicated to 2015 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. **The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 km, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top-offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. ▲Whichever comes first. See dealer for limited warranty details. **1** Applies to oldest 30% of dealer inventory as of July 1, 2015 for Cruze and Sonic and 15% for other eligible models. Valid July 6, 2015 – July 28, 2015 on cash purchases of select vehicles from dealer inventory. Not compatible with special lease and finance rates. Credit is tax exclusive and is calculated on vehicle MSRP, excluding any dealer-installed options. By selecting lease or finance offers, consumers are foregoing this cash credit which will result in higher effective interest rates. Dealer may sell for less. Offer may not be combined with certain other consumer incentives. GMCL may modify, extend or terminate this offer, in whole or in part, at any time without notice. See dealer for details. **2** 0% leasing for 24/36 months available on 2015 Chevrolet Silverado 1500 Reg. Cab (excluding LT); on approved credit to qualified retail customers by GM Financial. Down payment, trade and/or security deposit may be required. Example: Based on a purchase price of $17,450 (including $1,000 lease credit, and $442 owner cash) for a 2015 Chevrolet Cruze LS 1SA. Bi-weekly payment is $90 for 24 months at 0.0% APR, on approved credit to qualified retail customers by GM Financial. Annual kilometre limit of 20,000 km, $0.16 per excess kilometre. OAC by GM Financial. Monthly/bi-weekly payments may vary depending on down payment/trade. A down payment or trade of $0 and/or $0 security deposit is required. Total obligation is $4,696. Option to purchase at lease end is $11,312. Price and total obligation exclude license, insurance, registration, taxes, dealer fees and optional equipment. Other lease options are available. Dealers are free to set individual prices. Limited time offer which may not be combined with other offers. See your dealer for conditions and details. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. **3** 0% purchase financing offered by GMCL for 72 months on 2015 Chevrolet (Sonic/Cruze LS, LT, LTZ, ECO/Malibu LT, LTZ/Equinox). O.A.C by RBC Royal Bank/TD Auto Finance Services/Scotiabank. Rates from other lenders will vary. Example: $10,000 at 0% APR, monthly payment is $119.05 for 84 months. Cost of borrowing is $0, total obligation is $10,000. Down payment and/or trade may be required. Monthly/bi-weekly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade.

metro DRIVE
Your essential daily news
Divergent Microfactories' 700 hp Blade has a 3D-printed chassis

Hyundai puts accent on value

ROAD TESTED

JIL McINTOSH/FOR METRO

REVIEW

Car delivers decent ride and content for its price

Jil McIntosh
For Metro

When I was a young driver — and I won't admit how long ago that was! — an entry-level car was a cheap car, with a tinny feel and few options.

That's seldom the case anymore, at least judging by my Hyundai Accent tester. This company was among the first to stuff in as many items as possible while keeping the price low, and while some other automakers have caught up with that, the Accent remains a solid, good-looking little car.

All Accents use a 1.6-litre four-cylinder engine that makes 138 horsepower. A six-speed manual transmission is available on most trim lines, while the mid-range GL and top-line GLS can also be optioned with a six-speed automatic transmission.

The Accent comes as a sedan, starting at $13,249, but I prefer the hatchback, which begins at $13,599 and goes up to $19,549 for the GLS with automatic transmission.

> **It's not the most exciting car to drive ... but it gets the job done**

It's not the most exciting car to drive — the Mazda2 and Ford Fiesta are far sportier, for example — but it gets the job done, handling curves efficiently and with a smooth ride that's quiet over all but the very worst bumps.

All trim lines include air conditioning, which is an important consideration when you're price shopping: not all manufacturers include it in their rock-bottom stickers, and you may have to move up to a much pricier trim line to get it. The top-line Accent GLS includes such items as alloy wheels, automatic headlamps, heated seats, satellite radio, and a power sunroof.

The cabin is handsome, and the controls are simple and easy to use. Front-seat comfort is pretty good for an economy car, but the rear chairs are hard and flat. Rear-seat legroom is actually pretty good for a car this size, especially since there's enough space to slip your feet forward under the front seats.

Visibility could be a bit better out of that narrow rear window (a backup camera isn't available), and the deep cargo well accommodates tall items but also makes for a longer reach to lift your groceries out.

Still, overall, the Accent stays true to its roots: a decent little car for what it costs.

THE CHECKLIST | 2015 HYUNDAI ACCENT HATCHBACK

THE BASICS

Type. Four-door, five-passenger subcompact hatchback.
Engine (hp). 1.6-litre four-cylinder (138).
Transmission. Six-speed manual or six-speed automatic.
Price. $13,599 (base), $19,549 (as-tested), plus destination.

POINTS

- The engine uses direct injection, a performance- and efficiency-enhancing technology usually found on pricier cars.
- Despite this, the Accent's published fuel consumption is slightly higher than most of its competition.

JIL McINTOSH/FOR METRO

COOL FEATURES

- Active ECO system.
- Standard air conditioning.
- Available LED running lights.
- Available heated front seats.
- Driver's auto up/down window.
- Six airbags.
- CD stereo with USB connector.

MARKET POSITION

While the Accent's driving performance is on par with many of its competitors, Hyundai adds as many higher-end features as possible, and includes a comprehensive warranty of five years or 100,000 km that covers almost everything.

THE COMPETITION

Kia Rio5
Base price: $14,495

Ford Fiesta
Base price: $16,349

Nissan Versa Note
Base price: $14,298

TOYOTA On the Park
3 DAY sales EVENT
up to $4000 in cash rebates
Thank you to our customers for voting us #1 Toyota dealer in the country
3 FANTASTIC CHOICES, 1 DEALERSHIP JULY 9TH, JULY 10TH & JULY 11TH
HURRY IN!
$1500 CASH REBATE UP TO $250 LEASE ASSIST
2015 Rav4**
All In Lease $125 @ 1.99%
All In Finance $160 @ 2.99% ZERO DOWN
All In Price $26,299
Corolla CE manual transmission lease is semi-monthly for 60 months with $2100 down payment when you apply the $800 Lease Assist. Includes freight and fees, HST extra. All in Finance is Bi-weekly for 84 months when you apply the $500 Finance Assist. Includes freight and fees, HST extra. All in price includes freight and fees, HST extra.
$2000 CASH REBATE $500 FINANCE CASH ASSIST UP TO $500 LEASE ASSIST
2015 Corolla**
All In Lease $69 @ 0.99%
All In Finance $97 @ 0.99% ZERO DOWN
All In Price $17,589
Rav4 FWD LE all in lease payment is Semi-monthly for 60 months with $1,950 down payment when you apply the $250 Lease Assist. Includes freight and fees, HST extra. All in Finance price is Bi-weekly for 84 months. Includes freight and fees, HST extra. All in price includes freight and fees, HST extra.
CHOOSE 1 OF 3 OPTIONS:
• 2 YEAR FREE MAINTENANCE PACKAGE
• $500 GAS CARD
• $500 ACCESSORY PACKAGE.
TOYOTA 2015 FACTORY EVENT
1077 LESLIE ST., TORONTO, ON
(Leslie & Eglinton)
1-888-475-7346
TOYOTA On the Park
ALWAYS OPEN AT
toyotaonthepark.ca

Weight cuts efficiency up to 35%

FUEL ECONOMY

Result disputes industry find

Adding properly fitted roof boxes and a modest amount of cargo to a couple of compact family-model vehicles decreased their fuel economy by up to 35 per cent on the highway, versus industry figures, test results by What Car? magazine suggest. Adding any roof box increases a vehicle's frontal area, creating drag and turbulence that can hamper a four-cylinder vehicle.

TEXT AND IMAGES BY WHEELBASE MEDIA. GAS CANISTER IMAGE BY ISTOCK

TECH

Toyota grows its engine lineup

Toyota is stepping up a global upgrade of 14 high-efficiency engines with the introduction of a new 1.2-litre turbo unit. The line of engines will each deliver at least 10 per cent better fuel economy than the ones they will replace or make redundant. One recent example is a newly developed 1.2-litre direct-injection turbocharged engine (right) for the Japan-market Toyota Auris small car.

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

PARTNERSHIP

Ontario firm to work on e-cabs

The makers of England's all-new e-cab Metrocab, Frazer-Nash Research Ltd. and Ecotive Ltd., will enter volume production in Coventry next year, in partnership with Canadian manufacturing specialist Multimatic. Metrocab is the only zero-emissions capable cab now operating in London. Range-extended electric taxis are a solution to delivering on the city's Ultra-low Emission Zones promises, with London having one of the world's toughest urban emissions standards. Markham, Ont.-based Multimatic, which helped bring Metrocab's prototype fleet to market, makes complete cars, as well as body/chassis assemblies for low-volume models. Multimatic vice-president Larry Holt said the Metrocab has been designed and engineered "with the global market in mind."

NEW CARS

Latest Civic to go on sale soon

Honda's 10th-generation compact Civic will blend elements of the Accord sedan, CR-V compact tall wagon and recent other concepts into a sleek four-door sedan available this fall, to be followed by a two-door coupe and a five-door hatchback. Powertrains will include a non-turbocharged four-cylinder gasoline engine, and a 1.5-litre "VTEC Turbo" four-cylinder that's part of Honda's Earth Dreams line of efficiency-focused engines. Transmission options will include a six-speed manual and a continuously variable automatic.

SCIENCE

Collector could turn windows into solar cells

Researchers at Michigan State University say they've created a transparent solar concentrator that could turn any sheet of glass into a photovoltaic solar cell. The team used a "transparent luminescent solar concentrator" consisting of organic salts that absorb non-visible wavelengths of infrared and ultraviolet light. The resulting wavelength of infrared light is guided to the edge of the sheet, where strips of photovoltaic solar cells convert it into electricity.

TRADE IN TRADE UP

JEEP SUMMER CLEARANCE EVENT

Starting From Price for
2015 Jeep Cherokee
Limited shown: $32,490.§

2015 JEEP CHEROKEE SPORT FWD
BEST-IN-CLASS CAPABILITY^

$133 BI-WEEKLY FINANCING• @ **2.99%** FOR 96 MONTHS WITH $0 DOWN | OR GET **0%** FINANCING† FOR 72 MONTHS

STEP UP TO SPORT 4X4 FOR ONLY $9 MORE BI-WEEKLY

INCLUDES SPECIAL $1,000 JEEP BONUS CASH* ENHANCEMENT UNTIL JULY 31

GET UP TO

$3,750

IN TOTAL JEEP DISCOUNTS◊

+

0% FINANCING†

ON THE ENTIRE 2015 LEGENDARY JEEP LINEUP

0% FINANCING FOR UP TO 72 MONTHS ON SELECT VEHICLES – OFFER ENDS JULY 31

ALL-NEW 2015 JEEP RENEGADE IS HERE!

STARTING FROM ONLY $19,995 AND GET **0%** FINANCING† FOR 48 MONTHS

Starting From Price for
2015 Jeep Wrangler Sport S shown: $28,640.§

2015 JEEP WRANGLER 2-DOOR SPORT 4X4
THE MOST CAPABLE OFF-ROAD VEHICLE IN ITS CLASS√

$116 BI-WEEKLY FINANCING‡ @ **3.49%** FOR 96 MONTHS WITH $0 DOWN | OR GET AVAILABLE **0%** FINANCING† FOR 48 MONTHS

INCLUDES $2,500 JEEP CASH*

Starting From Price for
2015 Jeep Patriot North Edition
shown: $22,535.§

2015 JEEP PATRIOT SPORT 4X2
THE MOST AFFORDABLE SUV IN CANADA∆

$85 BI-WEEKLY FINANCING‡ @ **3.49%** FOR 96 MONTHS WITH $0 DOWN | OR GET AVAILABLE **0%** FINANCING† FOR 48 MONTHS

INCLUDES $3,750 JEEP CASH*

OR PURCHASE FOR

$15,495 PURCHASE PRICE INCLUDES $3,750 CONSUMER CASH,* FREIGHT AND FEES. TAXES AND RETAILER CHARGES EXTRA.+

Starting From Price for
2015 Jeep Grand Cherokee
Overland shown: $58,690.§

2015 JEEP GRAND CHEROKEE LAREDO
CANADA'S MOST AWARDED SUV EVER±

$99 WEEKLY LEASE• @ **4.99%** FOR 60 MONTHS WITH $4,998 DOWN | OR GET AVAILABLE **0%** FINANCING† FOR 48 MONTHS

INCLUDES $2,500 LEASE CASH√

STEP UP TO THE OVERLAND **AND GET A**

NO CHARGE **3.0L V6** — $4,995 VALUE

ADDITIONAL $1,000 OFF SELECT VEHICLES IN STOCK THE LONGEST.≈

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

Wise customers read the fine print: ◊, ➤, †, ‡, *, ♦, ¥, ≈, § The Trade In Trade Up Summer Clearance Event offers are limited time offers which apply to retail deliveries of selected in-stock new and unused models purchased/leased from participating retailers on or after July 1, 2015. Offers subject to change and may be extended or changed without notice. All pricing includes freight ($1,695), air-conditioning charge (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer order/trade may be necessary. Retailer may sell for less. ◊Total Discounts of $3,750 consist of $3,750 Consumer Cash on the 2015 Jeep Patriot Sport 4x2 (25D). Total Discounts of Consumer Cash/Lease Cash discounts are deducted from the negotiated lease price before taxes. ➤2.99% purchase financing for up to 96 months available on select new 2015 models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2015 Jeep Cherokee Sport FWD (24A) with a Purchase Price of $24,495 with a $0 down payment, financed at 2.99% for 96 months equals 208 bi-weekly payments of $133 with a cost of borrowing of $3,077 and a total obligation of $27,571.64. †0% purchase financing for up to 72 months available on select new models to qualified customers on approved credit through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2015 Jeep Cherokee Sport (24A)/2015 Jeep Renegade Sport 4x2 (21A)/2015 Jeep Patriot Sport 4x2 (25D)/2015 Jeep Wrangler 2-Door 4x4 (23B)/2015 Jeep Grand Cherokee Laredo (23E) with a Purchase Price of $24,495/$19,995/$15,495/$20,995/$39,395 with a $0 down payment, financed at 0% for 72/48/48/48/48 months equals 156/104/104/104/104 bi-weekly payments of $157/$192/$149/$202/$379 with a cost of borrowing of $0 and a total obligation of $24,495/$19,995/$15,495/$20,995/$39,395. ‡3.49% purchase financing for up to 96 months available on new select models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2015 Jeep Patriot Sport 4x2 (25D)/2015 Jeep Wrangler 2-door 4x4 (23B) with a Purchase Price of $15,495/$20,995 with a $0 down payment, financed at 3.49% for 96 months equals 208 bi-weekly payments of $85/$116 with a cost of borrowing of $2,286/$3,097 and a total obligation of $17,781/$24,092.43. *Jeep Cash/Consumer Cash Discounts are deducted from the negotiated price before taxes. ♦4.99% lease financing of up to 60 months available on approved credit through WS Leasing Ltd. (a wholly owned subsidiary of Westminster Savings Credit Union) to qualified customers on applicable new 2013, 2014 and 2015 models at participating retailers in Ontario, New Brunswick, Newfoundland and Labrador, Nova Scotia and Prince Edward Island. Retailer order/trade may be necessary. Example: 2015 Jeep Grand Cherokee Laredo (23E) with a Purchase Price of $37,125 leased at 4.99% over 60 months with $4,998 down payment, equals 240 weekly payments of $99.48 with a cost of borrowing of $6,173.80 and a total obligation of $29,637.40. 22,000 kilometre/year allowance. Charge of $0.18 per excess kilometre. Some conditions apply. ¥$2,500 Lease Cash available on the 2015 Jeep Grand Cherokee Laredo (23E). Lease Cash is deducted from the negotiated lease price before taxes. ≈Additional $1,000 Bonus Cash applies to the retail purchase/lease of the oldest 10% of 2015 vehicles in retailer inventory from July 1 to 31, 2015 and will be deducted from the negotiated price before taxes. Some exclusions may apply. See participating retailers for complete details. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ΔBased on 2014 *Ward's* Sport and Cross Utility segmentations. ∞Based on 2014 *Ward's* Middle Cross Utility segmentation. √Based on 2014 *Ward's* Small Sport Utility segmentation. ±Jeep Grand Cherokee has received more awards over its lifetime than any other SUV. ®Jeep is a registered trademark of FCA US LLC used under license by FCA Canada Inc. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

The Esso 67-X is more than 20 feet in length and weighs in at two tonnes of pure Canadian custom car glory. TREVOR WELFEN

vw.ca
OFFER ENDS JULY 31
Das Summer Sales Event
From 0%* APR for 84 MONTHS on select models
or up to $3,500** CASH DISCOUNT on other select models
Highline model shown
2015 TIGUAN
2.0 TSI Trendline FWD
Monthly lease from the equivalent of
$50 WEEKLY AT 1.9%
for 48 months with $6,168 down†
TIGUAN SPECIAL EDITION
Introducing the Tiguan Special Edition with more than
$1,300 IN ADDED VALUE
• rearview camera
• heated seats
• keyless entry
• 17" Fortaleza alloy wheels
• Climatronic® dual-zone climate control
• rain-sensing wipers, and much more

Where will you go this summer with your new Volkswagen?

Das Auto.

*Limited time finance offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2015 Tiguan FWD Trendline (#5N21V4) base model with 6-speed manual transmission. Base MSRP of $26,750, including $1,760 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $138. $1,634 down payment due at signing. Cost of borrowing is $0 for a total obligation of $26,750. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **$3,500 discount on MSRP available on cash purchase only of new and unregistered 2015 Tiguan 2.0T Highline 4MOTION® models. Discount varies by model. †**Lease payments of $215/$258 on the Tiguan / Tiguan Special Edition must be made on a monthly basis and cannot be made weekly.** Weekly equivalent payments shown for information only. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2015 Tiguan FWD Trendline (#5N21V4) / Tiguan Special Edition base model with 6/6-speed manual transmission. $1,760/$1,760 freight and PDI included in monthly payment. 48-month term at 1.9% APR. $6,168/$6,002 down payment, $260/$310 security deposit and first monthly payment due at lease inception. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Total lease obligation: $16,464/$18,378. 64,000-kilometre allowance; charge of $0.15/km for excess kilometres. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end July 31, 2015 and are subject to change or cancellation without notice. Model shown: 2015 Tiguan 2.0T Highline R-Line, $41,565. Vehicle shown for illustration purposes only and may include optional equipment. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Tiguan", "Highline", "Trendline", "4MOTION" and "Climatronic" are registered trademarks of Volkswagen AG. © 2015 Volkswagen Canada.

ESSO 67-X

An icon of Canadian car culture

AUTO PILOT
Mike Goetz

Just like the country it was built to celebrate, the custom car known as the Esso 67-X is big, bold and beautiful.

Back in 1967, Canada was gripped in centennial fever. Everything was about celebrating or marking the 100th anniversary of Canadian federation.

For its part, Imperial Oil and its Esso brand of gas stations, rolled out a promotional contest called Roadshow 67. To enter, you had to collect five different "travel tips" only available at Esso dealers.

4

The number of Esso 67-X cars produced by designer and manufacturer George Barris.

The four winners of the contest each received a fabulous Esso 67-X, complete with insurance, and extra warranties. Winners would be awarded their cars at the big centennial party and World's Fair in Montreal, otherwise known as Expo 67.

George Barris was commissioned to design the 67-X and build four examples. Barris achieved worldwide fame as a customizer after creating "TV star cars," such as the Batmobile, the Munster Koach, and the jalopy that brought the Beverly Hillbillies into town.

Barris ended up making an additional 67-X for himself, to use as a tow car.

The basis of the 67-X is an Oldsmobile Toronado, complete with its 7-litre V8 engine, good for 385 horsepower and 480 lb.-ft. of torque.

The 67-X was billed as the "ultimate in family travel," with emphasis on excitement, safety and comfort.

After the outrageously swoopy body, which stretches more than 20 feet in length, the most notable feature of the 67-X is the rear "lounge area," which is essentially a small family room, circa 1967. Mom can swivel her seat around to play Monopoly with the kids on the lift-up table, and everyone can grab Twinkies from the portable picnic cooler, and groove to The Monkees on the 8-track tape player (complete with individual ear plugs).

Trevor Welfen of Chilliwack, B.C., owns the only known surviving Esso 67-X. He is old enough to remember the contest. As an avid collector and customizer of cool cars, he "always wondered what happened to them."

He heard stories, read newspaper clippings about the people that won them and subsequently sold them, searched the Internet, etc., to no avail.

Then, several years ago, when looking for another model on the website of a U.S. classic car dealer, he noticed a 67-X in the background in one of the pictures. The dealer mislabelled it as a 70-X, and that's why it never showed up on any Google search.

"As soon as I saw it, I just wanted to get it back here ... I didn't care what shape it was in."

By "back here" Trevor means Canada, where he believes this super rare and super cool example of Canadian car culture belongs.

In this promotional shot, a mom and her kids spend quality time in the 'lounge area' of the Esso 67-X. PHOTO VIA TREVOR WELFEN

OUR BIGGEST EVENT OF THE YEAR

THE REDESIGNED 2015 **FOCUS**

THE ALL-NEW 2015 **MUSTANG**

2015 **ESCAPE**

*IT'S **EASY** TO GET INTO A **FORD***

Build & Price at **ford.ca** and get your Employee Price

Head to your local Ford Store

Drive away happy

GET UP TO $14,000†

IN TOTAL PRICE ADJUSTMENTS
(2015 F-350 XLT CREW CAB DIESEL 4X4 AMOUNT SHOWN)

2015 **SUPER DUTY**

THE ALL-NEW 2015 **F-150**

THE ALL-NEW 2015 **EDGE**

VISIT FORD.CA OR YOUR TORONTO FORD STORE TO SEE OUR ALL-NEW SHOWROOM AND GET YOUR EMPLOYEE PRICE TODAY.

Ford
Go Further

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible raincheckable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). *Ford Employee Pricing ("Employee Pricing") is available from July 1, 2015 to September 30, 2015 (the "Program Period"), on the purchase or lease of most new 2015/2016 Ford vehicles (excluding all chassis cab, stripped chassis, and cutaway body models, F-150 Raptor, F-650/F-750, Mustang Shelby GT500, Shelby GT350, 50th Anniversary Limited Edition Mustang). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any Unifor-/CAW-negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPC, CFIP, Daily Rental Allowance and AX/Z/D/F-Plan programs. † Until September 30, 2015, receive up to [$717/ $2,092]/ [$1,281/ $4,808]/ [$1,737/ $3,390]/ [$9,073/ $14,685]/ [$1,171/ $12,030]/ [$2,360/$4,452] in total Ford Employee Price adjustments with the purchase or lease of a new 2015 Focus [S/ Titanium]/ Mustang [V6/ GT Premium Convertible]/ Escape [S/ Titanium 4x4]/ [F-250 XL Gas engine 4x2 SD Regular Cab 8' box 137" WB/ F-350 XLT Diesel 4x4 SD Crew Cab 8' box 172" WB SRW]/ F-150 [XL 4x2 Regular Cab 6.5' box 122" WB/ King Ranch 4x4 SuperCrew Cab 6.5' box 157" WB and King Ranch 4x4 SuperCrew Cab 5.5' box 145" WB]/ Edge [SE FWD/ Sport]. Total Ford Employee Price adjustments are a combination of Employee Price adjustment of [$717/ $2,092]/ [$3,505/ $4,808]/ [$1,237/ $2,890]/ [$4,073/ $7,685]/ [$1,171/ $8,030]/ [$1,860/ $3,952] and delivery allowance of [$0/ $0]/ [$0/ $0]/ [$500/ $500]/ [$0/ $0]/ [$500/ $500]/ [$5,000/$7,000]/ [$0/ $4,000]/ [$500/ $500] – all chassis cab, stripped chassis, cutaway body, F-150 Raptor, Medium Truck, Mustang Boss 302 and Shelby GT500 excluded. Employee Price adjustments are not combinable with CPA, GPC, CFIP, Daily Rental Allowance and AX/Z/D/F-Plan programs. Delivery allowances are not combinable with any fleet consumer incentives. ©2015 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence.
©2015 Ford Motor Company of Canada, Limited. All rights reserved.

metro SPORTS

Marc Gasol confirmed he will sign a five-year contract with the Memphis Grizzlies

Wednesday, July 8, 2015

Kapanen not buying into expectations from trade

NHL

Leafs acquired young Finn in Kessel deal with Penguins

It's fair to say Kasperi Kapanen fits right in with the new Maple Leafs.

He's got skill. He's got speed. And he's not very big.

Kapanen reported Tuesday — along with more than 56 other invitees — to Leafs prospects camp, where players listened to coach Mike Babcock and tested their speed on the ice.

The curiosity factor is a tad higher on Kapanen than the other high-end prospects, like William Nylander and Mitch Marner, given Kapanen became a Leaf in the Phil Kessel trade with the Penguins.

"I was surprised at first," said Kapanen, the Penguins' first-rounder in 2014. "But the NHL is big business and these things happen. I'm excited to be here and be part of this organization right now and start focusing on the camp."

Kapanen said he's not going to put too much pressure on himself just because an elite scorer like Kessel went the other way in the multi-player trade.

"Phil Kessel is Phil Kessel and Kasperi Kapanen is Kasperi Kapanen," he said. "I'll be as great as I can be and we'll see what happens. But it's two different players. You can't compare us."

Leafs assistant GM Kyle Dubas said the team had its eyes on Kapanen for some time. The son of former NHLer Sami Kapanen, Kasperi was a member of Finland's world junior hockey team.

At five-foot-10, 171 pounds, he fits an emerging profile of the team's top prospects. Nylander, the Leafs' top pick in the 2014 draft, is 5-11, 174. Marner, the team's top pick this year, is listed at 5-11, 160 but seemed much smaller in the scrum with some very averaged-sized reporters.

But the Leafs have no issue with size, emphasizing skill and speed.

"He's not a 5-9 guy," Dubas said of Kapanen. "He's going to put a lot of weight on. We wouldn't have done the deal without him. We're really excited about him."

PROFILE

KASPERI KAPANEN
Position: Right wing
Height: 5-10
Weight: 171 pounds
Shoots: Right
Age: 18
Birthplace: Kuopio, Finland
Drafted: 22nd overall, 2014

> **There's a lot of good players in that locker room. And everybody wants to show each other how good they are.**
>
> Kasperi Kapanen at the Maple Leafs' prospects camp

Kasperi Kapanen skates during the first day of the Maple Leafs rookie camp on Tuesday in Toronto. CARLOS OSORIO/TORSTAR NEWS SERVICE

This camp is going to be quite different from summer prospects camps of the past. For one thing, there were 57 players invited, almost twice the number invited last year.

"We have a lot of needs in our organization," said Dubas. "It made sense where we are in the current state of our organization."

TORSTAR NEWS SERVICE

IN BRIEF

Serena shakes off first set to eliminate Azarenka

Serena Williams' latest Grand Slam match against Victoria Azarenka ended the same way as the previous nine — with Williams walking off as the winner.

The top-ranked Williams fought back from a set down Tuesday to beat Azarenka 3-6, 6-2, 6-3 to reach the Wimbledon semifinals and keep her bid alive for a fourth straight major title.

"It's been up and down, up and down, but somehow I'm still alive," Williams said. "I don't know how. I'm just happy to be still here."

Williams' next opponent will be Maria Sharapova, who beat American CoCo Vandeweghe in three sets.

THE ASSOCIATED PRESS

Police on hunt for thief of '93 World Series ring

Toronto police are looking for a thief who made off with a pair of valuable sports championship rings in a residential break-in.

The stolen jewelry, valued at approximately $500,000, includes a 1977 Montreal Canadiens Stanley Cup ring and a 1993 Toronto Blue Jays World Series ring

The robbery occurred on Canada Day during the evening hours at a west-end residence (in The Kingsway and Prince Edward Drive North area).

Anyone with information is asked to contact police or Crime Stoppers.

THE CANADIAN PRESS

CHANGE YOUR TRAVEL ROUTINE

Avoid delays:
Carpool
Take transit
Work flex hours

Learn more about how events in Toronto and the surrounding area will affect traffic.
Get ready today.

TORONTO 2015 Pan Am/Parapan Am | Ontario HOST PROVINCE PROVINCE HÔTE

Get ready at ontario.ca/games2015

Paid for by the Government of Ontario

WOMEN'S WORLD CUP PARTY STARTS FOR CHAMPS USA The World Cup-winning Team USA enjoy a championship rally in downtown Los Angeles on Tuesday. The Americans defeated Japan 5-2 in Sunday's final to become the first team to win the Women's World Cup three times. ROBYN BECK/AFP/GETTY IMAGES

SOCCER IN BRIEF

Gerrard trains with Galaxy
Steven Gerrard had his first practice with the LA Galaxy on Tuesday before being formally introduced to the club.

The change reflects the biggest move Gerrard has ever made, personally and professionally. He spent 17 years at Liverpool, leading the club to Cup glory both domestically and in Europe.
THE ASSOCIATED PRESS

Steven Gerrard GETTY IMAGES

Conte accused of fixing
Italy coach Antonio Conte was among 104 people whom a prosecutor requested Tuesday be brought to trial on match-fixing charges in a case that allegedly has its roots in Singapore.

Conte is accused of committing sports fraud when he coached Siena in 2010-11. THE ASSOCIATED PRESS

Canada, Brazil tie in water polo thriller

PAN AM GAMES

Preliminary event provided action and a fine last-gasp save

Goalkeeper Jessica Gaudreault made a brilliant save with 17 seconds left to play as Canada held on for a 7-7 tie with Brazil in women's water polo on Tuesday in the first event of the Pan American Games.

Preliminary round water polo matches are being played before Friday's opening ceremonies so that the competition will be completed in time for the world aquatic championship starting July 24 in Russia.

Brazil's Helene Badocco scored the tying goal with 2:33 left in the fourth period. Gaudreault preserved the draw with a save on Izabella Maizza Chiappini with 17 seconds left to play. Canada regained possession but couldn't penetrate the tough Brazilian defence at the other end of the pool.

Emma Wright, Christine Robinson, Shae Fournier, Dominique Perrault, Katie Monton, Krystina Alogbo and Monika Eggens scored for No. 8 Canada, which is ranked six positions ahead of Brazil.

"I think the first (game) is always a little bit rough," said Robinson, who is making her third Pan Am appearance. "This is the first Pan Ams for a lot of girls, too, so I think they were maybe feeling a little bit jittery and nervous.

"Now that we know what it's going to be like, we can just get back to the game. I think we'll be better tomorrow."

Canada will play Venezuela on Wednesday. In the other early games, Puerto Rico and Venezuela played to an 11-11 tie and the United States crushed Mexico 25-3.

The Canadian men open against Brazil on Tuesday night.

The men's tournament is an Olympic qualifier with the gold medallist booking a ticket to Rio de Janeiro next summer. Over 720 athletes will represent Canada in 36 sports at the Games, which continue through July 26.
THE CANADIAN PRESS

Canada's Shae Fournier, right, looks to pass in front of Brazil's Marina Aranha Zablith during a water polo match at the Pan Am Games in Markham, Ont. DARREN CALABRESE/THE CANADIAN PRESS

MEN'S GAME

Canada men's evening game, also against Brazil, represented the toughest competition the Canucks would face in the group stage. Canada finished just behind the Brazilians in third place four years ago.

A couple dozen Brazilian fans — equipped with drums, tambourines, yellow soccer jerseys and flags — stole the battle of the fans in the stands and the Brazilians rallied to do the same in the water, upsetting the Canadians 11-9.
TORSTAR NEWS SERVICE

metro Service Directory To advertise contact Ian March at 416-443-4388

PSYCHIC

India's Number 1 Astrologer & Psychic
Pandit: MANJUNATH FREE READING ON MONDAY
Palm, Face & Photo Reading
Master helps in Problems:
Depression, Family, Husband-Wife, Love, Kids, Jealousy, Money, Court, Enemy etc
SOLUTION TO ALL PROBLEMS, LOVE GURU
Removes Black Magic, Jadoo, Voodoo, Witchcraft Butu, Witchcraft & Gives 100% Lifelong Protection
1123 Albion Road Unit #101, Etobicoke ON M9V 1A9 NEXT TO MADRAS DOSA (ALBION & ISLINGTON) 647-405-6717 Meet once & Get 100% Solutions

World Spiritual Astrologer & Psychic
Pandit: SRI SAI
I AM BORN TO SERVE PEOPLE
ALL RELIGIONS WELCOMED
100% GUARANTEE
Business • Love • Marriage • Education • Job • Health
Money • Children Mistake • Court • Husband-Wife
Relationship • Sexual & Personal Matters Etc
Removes Black Magic & Gives 100% Life long Protection
Call: 647-272-3586
2131 Jane St., Aptt 104 North York ON M3M 1A2 (JANE & WILSON) (Airport & Derry) Mississauga

World Famous Spiritualist
Pandit: BHAVANI SHANKAR
He can Handle Impossible Problems
He can Solve all Problems
Marriage, Love, Education
Kids, Health, Job, Business, Court,
100% Guaranteed Results
Money, Sexual, Divorce, Enemy
Family Prob., Property Etc
All Religions Welcomed
Removes Black Magic, Witchcraft, Evil Spirit, Obeya, Bad Luck, Jadoo & Gives 100% Life-Long Protection
647-739-7159
5010 Steeles Ave.W Etobicoke, M9V 5C6
#7, INSIDE DOLLAR PLUS, NEXT TO UDHAYAS
KIPLING & STEELES

★Competence in Seriousness★
Mr MOULOK MARABOU CORNOLIS
Born Marabut. 20 Years of Exp.
Specialized in Uniting Relationships, Husband-Wife, Remove Bad Luck, Evil Spirits, Divorce, Good Luck, Business, Sexual, Protects from Enemy & Makes
HAPPY.GUARANTEED SATISFACTION
MAKES YOUR LOVE CRAZY FOR YOU
PAY AFTER RESULTS ★
(KIPLING & ALBION)
416-317-2614

Famous Indian Astrologer & Psychic
MASTER GURU RAGHVENDRA
TAKE RIGHT DECISION AT RIGHT TIME
Past, Present & Future
Generation to Generation
Removes Problems like Money, Business, Education, Depression Sexual, Health, Marriage, Job
Removes Black Magic & Gives 100% Protection
1 FREE QUESTION
POWERFUL & GODGIFTED SPIRITUAL HEALER
647-713-9399
1062 Albion Rd Etobicoke M9V 1A7
ALBION & ISLINGTON, INSIDE POOJA HUT

INDIAN FAMOUS ASTROLOGER
Master : SHIVARAJ
An Expert Pandith at your Service
Palm Reading-Face Reading-Photo Reading
100% Removal of Evil Spirits & Black Magic, Obeah, Jaboo, Voodoo, Bad Luck, Curse,
When fortune knocks at your door do not Neglect
Get Vedic solution for problems
Job-Family-Love-Education-Wealth-Enemy-Jealousy-Money-Evil Eye-Court Cases etc....
PRIVATE & CONFIDENTIAL
647-330-4195
#5210, Finch Ave E Unit 5, Scarborough, Ontario M1S 4Z6 (Inter Section finch and middlefield, Next to Samosa King)

DANCE

Academy of Spanish Dance
academy@flamencos.net
www.flamencos.net
416-595-5753
¡Flamenco!
Summer term begins July 11.
New classes for beginner adults.
Academy of Spanish Dance
401 Richmond St W, B104 (at Spadina)

FINANCIAL

OVERWHELMED BY DEBT?
CALL THE Licensed Debt Professionals™
GET OUT OF DEBT!
- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, CPA, CA, CIRP, Trustee

FREE Consultation 310-9200
(NO AREA CODE NEEDED)
DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy
HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON
www.DavidSklar.com

TOO MANY BILLS...
...GET A FRESH START!

Bankruptcy • Proposals
Debt Counselling
416-740-5400
Toronto • Rexdale
Etobicoke • North York
Don Mills • Bloor West
Scarborough
KEVIN THATCHER & ASSOCIATES LTD.
TRUSTEE IN BANKRUPTCY
905-273-6300 Mississauga • Brampton
1-888-329-5198 www.billfixer.com
FREE CONSULTATIONS
EVENING APPOINTMENTS
FLEXIBLE PAYMENTS
Head Office: Rexdale, others non-resident

CALL ERIKA
(LICENSED DEBT EXPERT)
STOP COLLECTION CALLS
GET DEBT RELIEF NOW!
Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.
1-877-332-8416
416-288-8048
Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)
Rusinek & Associates Inc Trustee in Bankruptcy www.rusinek.ca

LOWEST RATES for bad credit loans since1984
What would you do with $20,000?
PFS
✓ College Tuition?
✓ Home Renovation?
✓ Wedding?
✓ Travel?
You decide.
Paid off car 6 years or newer?
Borrow up to $20,000 the same day!
416-634-2013 BorrowWithYourCar.com
*Call for details and conditions
A division of Prudent Financial Services

DEBT RELIEF
Are you drowning in debts?
I can help you...
- Consolidate debts, no interest
- Settle your debts without a bankruptcy
- Stop collection calls and garnishments
- Get rid of tax debts and court actions

NONA KUMAR
Estate Administrator
Credit Counsellor
Free Consultation: 416.455.7709
Evenings and weekends appointment also available
Rumanek & Co. Ltd. Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON. Offices in Scarborough & Mississauga.

EDUCATION

ANDERSON COLLEGE
OF HEALTH, BUSINESS AND TECHNOLOGY
YOUR TRAINING, YOUR CAREER, YOUR FUTURE.
Become a Medical Lab Technician
Program Includes Practicum

Financial Assistance May Be Available to Those Who Qualify
Second Career Funding Available to Those Who Qualify
647.691.0901 • 416.466.6107
andersoncollege.com

NEED MONEY TODAY ?
$500 Loans And Up
NO CREDIT CHECK - SAME DAY DEPOSIT
APPLY NOW
EasternLoans.com
1-855-223-9313

MORTGAGE APPROVED!
- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG
License# 11991

Save THOUSANDS and be debt FREE
MR Debt Solutions
416.424.1510
Up to 75% Debt Reduction
Pay ZERO INTEREST
* Home Service Available
* Credit Rebuild Program
* Free Credit Check
www.mrdebtsolutions.com

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154
MORTGAGE GENIE
www.mortgagegenie.org
416-667-9834

WANT YOUR
DEBT GONE?
WELKERANDCOMPANY.COM
WE'RE HERE TO HELP
✓ Erase your debt ✓ Stop collection calls ✓ Avoid bankruptcy
✓ Reduce your stress ✓ Stop garnishments ✓ Get a fresh start
FREE CONSULTATIONS
647-793-6411
MAIN OFFICE: 1969 WESTON ROAD, TORONTO
TORONTO | BRAMPTON | MISSISSAUGA | SCARBOROUGH | BARRIE
WELKER AND COMPANY
Federally Licensed: Proposal Administrator & Trustee in Bankruptcy

LEGAL

MoneyProvider.com
$500 Loan and more
No credit refused
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

DIVORCE
Simple, in weeks*
- Debt collection/ Landlord Tenants
- Small Claims Court
416-880-4600
www.quickform.ca
* By Lawyer, conditions apply

BECOME AN IMMIGRATION CONSULTANT
(ICCRC ACCREDITED)

647-691-0889
416-969-8845
WWW.AOLTORONTO.COM
Open House
Thursday July 9, 2015 10am to 4pm
Gift card for all attendees
Academy of Learning Career & Business College (Bay/Bloor) is registered as a Private Career College under the Private Career College Act 2005 and is operated by 1069195 Ontario Inc.

RECIPE Thai Quinoa Salad

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

The crunchy delicate taste of quinoa goes well with this Asian-infused salad. Serves 6.

Ready in
Prep time: 10 minutes
Cook time: 15 minutes

Ingredients
- 1 cup quinoa
- 1 1/2 cups chicken stock
- 3/4 cup thinly sliced carrots
- 3/4 cup thinly sliced red bell pepper
- 1/4 cup chopped cilantro
- 1/3 cup sliced green onion

Dressing
- 2 Tbsp peanut butter
- 1 1/2 Tbsp lemon juice
- 4 tsp soy sauce
- 1 Tbsp honey
- 1 1/2 tsp sesame oil
- 2 tsp water

Garnish
- 1/3 cup chopped toasted cashews

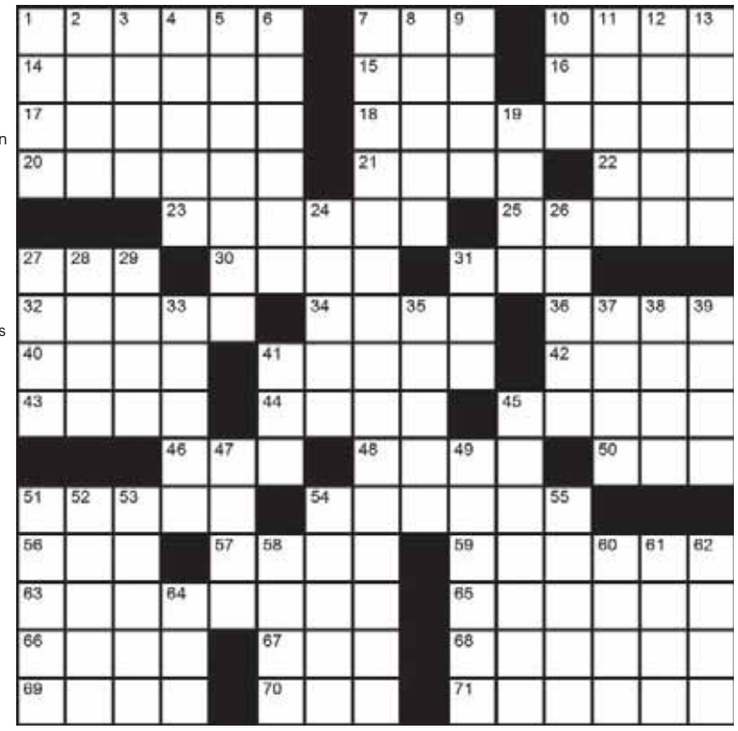
Directions
1. Bring quinoa and stock to a boil. Cover and simmer on lowest heat for 15 minutes until cooked. Place in serving bowl to cool.
2. Add remaining ingredients to quinoa, except for dressing.
3. In a small bowl, combine ingredients for dressing until smooth. Pour over cooled quinoa. Garnish with cashews.

Nutrition per serving
- Calories 210
- Carbohydrates 24g
- Fibre 3g
- Protein 8g
- Fat 10g
- Saturated Fat 2g
- Cholesterol 0mg
- Sodium 380mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Beach trinkets
7. Large
10. Cleveland basketballers, briefly
14. Aloha State
15. NHL's Ducks, on scoreboards
16. Old World buffalo
17. Forever, to a poet
18. Magnificent
20. Hockey great Mr. Savard's
21. Queens __ (Street in Toronto's waterfront)
22. Kay's follower
23. Productivity
25. English class assignment
27. 007, e.g.
30. Peel
31. Creature in ancient Egyptian art
32. Grad parties
34. Uncertain
36. Re-work the written work
40. Kind of lily
41. Longest river of France
42. Driveway sight
43. Equal, in Montreal
44. Space bear
45. Tell the waiter what you want
46. Median, mini-ly
48. Wednesday = __ Day
50. Dorothy's Auntie's namesakes
51. "So __!" (Take that!)
54. Use a tranquilizer gun
56. "Uh-huh."
57. Draw close
59. __ blocks
63. Guitar pick
65. On the go
66. Toast topping
67. Drink chiller
68. Mr. Beatty of movies
69. Ho-hum
70. 'Velvet' suffix
71. Most tricky

DOWN
1. Ladies
2. Intensely dislike
3. Pitcher
4. "Key __" (1948)
5. Causes for frustration at checkout
6. Midday break
7. 16th-century Europeans who caught cod in the Grand Banks of Newfoundland: 2 wds.
8. Opinion
9. Grand event
10. Tin
11. Mountains in South America
12. "Presto!"
13. Woefully
19. Optometrist's study
24. Earlier in time
26. Asparagus unit
27. Basilica part
28. Mr. Kinnear
29. Robe of ancient Rome
31. Captain's confirmation
33. Tooth type
35. Imposter
37. "__, Where's My Car?" (2000)
38. Detail
39. Rocky hills
41. Haul with difficulty
45. __ illusion
47. Let off steam
49. Kinds of parrots
51. Spelling misssstakes
52. Lionel Richie song
53. Swashbuckling props
54. Gravy cousin
55. __-level position
58. Fort __, Ontario
60. British rock group, __ Straits
61. Pre-day nights
62. Broadway musical
64. Murmur

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Like everyone you make your share of mistakes but you are not afraid to admit it, and that fact gives you an edge. While others are still trying to deny that they messed up you will be retracing your steps.

Taurus April 21 - May 21
The only thing that matters today is that you follow your instincts and follow to the letter what your inner voice tells you. Even if the whole world says you are mad you must not change direction.

Gemini May 22 - June 21
You have done a lot of thinking in recent weeks and now it is time to put what you discovered, about yourself and about the wider world, to good use.

Cancer June 22 - July 23
Stop feeling sorry for yourself and start doing the things that will make your life more satisfying and secure. Mind planet Mercury joins the Sun in your sign today, so you will know what needs to be done.

Leo July 24 - Aug. 23
You may not understand why you feel a certain way but you must not ignore your emotions. If you want to think clearly today it will pay to shut yourself off from outside influences.

Virgo Aug. 24 - Sept. 23
You like to be helpful but you must not do other people's work for them. The planets warn that if you do just one little thing for someone today you will end up doing everything for them for the rest of the week.

Libra Sept. 24 - Oct. 23
Reach out and make contact with someone in a position of authority today, As Mercury, your ruler, crosses into the career area of your chart you clearly know what it is you want and how to get it.

Scorpio Oct. 24 - Nov. 22
You will speak from the heart today but not everyone will want to hear what you say. Some people find the truth uncomfortable and one person in particular will kick up a fuss.

Sagittarius Nov. 23 - Dec. 21
You have allowed certain issues to slide and if you don't do something about them soon it will be too late. The fact is you have relied too heavily on others to make decisions for you.

Capricorn Dec. 22 - Jan. 20
Don't keep your thoughts and feelings to yourself today because others will know in an instant what you are trying to hide. What have you got to be embarrassed about?

Aquarius Jan. 21 - Feb. 19
Something in your life is clearly not working and needs to be changed but you find it difficult to admit that. Mercury, planet of the mind, changes signs today and it will help you change your mind too.

Pisces
Feb. 20 - March 20
Sticking to a rigid plan of action will limit your options and make success much harder to come by, so be flexible. Most importantly, don't set targets. Take each day as it comes.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			5					8
	1	3			8	2	9	
	2				1		6	
1						7	4	
				4				
	3	6						5
	4		3				2	
	5	9	4			1	7	
7					6			

Difficulty Level ★★

7/02

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

We want YOUR opinion!
Join our Online Reader Panel and help make your Metro News even better.
Join for a chance to win a $25 gift card.
metronews.ca/panel
metro

The Captain's Red Label Fares
with more inclusions than any other airfare.
Fly to London or Paris with Air Canada and receive:
$100* off the cost of your land booking
Price drop protection*
Plaza Premium Lounge pass*
FLIGHT CENTRE The Airfare Experts
1 877 923 2248
Conditions apply. *For full terms and conditions please speak with a Flight Centre Travel Consultant or visit flightcentre.ca/flights/red-label-fares. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384
TICO

KIA

CLEAR THE LOT

CLEAROUT ON ALL 2015s

UP TO $6,000 IN DISCOUNTS ON SELECT MODELS[Ø]

0% FINANCING +

OFFER ENDS JULY 31ST

Rio4 SX with Navigation shown‡
HWY / CITY 100KM^: 6.3L/8.8L – Cash purchase price $24,064

2015 RIO LX MT

WELL-EQUIPPED FROM $10,634*

INCLUDES $5,030* IN CASH DISCOUNTS

INCLUDES:

- STEERING WHEEL AUDIO CONTROLS
- AUX & USB INPUTS
- 6 AIRBAGS

Forte SX AT shown‡
HWY / CITY 100KM^: 6.1L/8.8L – Cash purchase price $28,364

2015 FORTE LX MT

WELL-EQUIPPED FROM $12,994*

INCLUDES $4,570* IN CASH DISCOUNTS

INCLUDES:

- BLUETOOTH® HANDS-FREE CONNECTIVITY
- STEERING WHEEL AUDIO CONTROLS
- 6 AIRBAGS

Optima SX Turbo shown‡
HWY / CITY 100KM^: 5.7L/8.9L – Cash purchase price $36,564

2015 OPTIMA LX AT

2015 IIHS TOP SAFETY PICK

WELL-EQUIPPED FROM $21,699*

INCLUDES $4,765* IN CASH DISCOUNTS

INCLUDES:

- BLUETOOTH® HANDS-FREE CONNECTIVITY
- STEERING WHEEL AUDIO/CRUISE CONTROLS
- HEATED FRONT SEATS

INTRODUCING LOW LEASE RATES ON THE 2016s

Sorento SX Turbo AWD shown‡
HWY / CITY 100KM^: 9.3L/12.3L – Cash purchase price $43,944

"HIGHEST RANKED MIDSIZE SUV IN INITIAL QUALITY IN THE U.S." ON THE 2015 MODEL

That's like paying only $75 WEEKLY[Ω]

THE ALL-NEW 2016 SORENTO 2.4L LX FWD

INCLUDES $1,000 BONUS®

LEASE FROM $324[Ω] MONTHLY WITH $1,500 DOWN AT 1.9% APR FOR 36 MONTHS*

2015 IIHS TOP SAFETY PICK

KIA

The Power to Surprise

KIA | Finance

5 Year Warranty

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty.

Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies. Prices do not include fuel-fill charges up to $100, dealer administration fees up to $399, licensing or applicable taxes.

See **kia.ca** for more

Offer(s) available on select new 2015/2016 models through participating dealers to qualified retail customers who take delivery from July 1 to 31, 2015. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing and payments includes delivery and destination fees up to $1,715, $5 OMVIC fee, $29 tire fee, and $100 A/C charge (where applicable). Excludes other taxes, licensing, PPSA, registration, insurance, variable dealer administration fee (up to $399), fuel-fill charges up to $100, and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. *0% financing and up to $6,000 discount are available on select 2015 models and are deducted from the negotiated purchase/lease price before taxes. Certain conditions apply. See your dealer for complete details. **Representative Financing Example:** Financing offer available on approved credit (OAC), on a new 2015 Rondo LX AT Winter SE (RN755F) with a selling price of $27,244 is based on monthly payments of $443 for 48 months at 0% with a $0 down payment, $0 security deposit and first monthly payment due at finance inception. Offer also includes a $6,000 financing discount. **Cash Purchase Price** for the new 2015 Rio LX MT (RO541F)/2015 Forte LX MT (FO541F)/2015 Optima LX AT (OP742F)/2015 Rondo LX AT Winter SE (RN755F) is $10,634/$12,994/$21,699/$27,244 and includes a cash discount of $5,030/$4,570/$4,765/$6,000. Dealer may sell for less. Other taxes, registration, insurance and licensing fees are excluded. Cash discounts vary by model and trim and are deducted from the negotiated selling price before taxes. **^Representative Leasing Example:** Lease offer available on approved credit (OAC), on new 2016 Sorento 2.4L LX FWD (SR75AG) with a selling price of $29,344 is based on monthly payments of $324, and includes a $1,000 bonus for 36 months at 1.9%, $0 security deposit, $1,500 down payment and first monthly payment due at lease inception. Total lease obligation is $11,656 with the option to purchase at the end of the term for $16,414. Lease has 16,000 km/yr allowance (other packages available and $0.12/km for excess kilometres). Lease discounts vary by model and trim and are deducted from the negotiated selling price before taxes. ØBonus amounts are offered on select 2015/2016 models and are deducted from the negotiated purchase/lease price before taxes. Certain conditions apply. See your dealer for complete details. ΩLease payments must be made on a monthly or bi-weekly basis but cannot be made on a weekly basis. Weekly lease payments are for advertising purposes only. ‡Model shown Manufacturer Suggested Retail Price for 2015 Forte SX (FO748F)/2015 Rio4 SX with Navigation (RO749F)/2015 Optima SX Turbo AT (OP748F)/2016 Sorento SX Turbo AWD (SR75JG) is $26,695/$22,395/$34,895/$42,095. ^ Highway/city fuel consumption is based on the 2015 Rio LX+ ECO AT/2015 Forte 1.8L MPI 4-cyl AT/2015 Optima 2.4L GDI AT/2016 Sorento SX 2.0L Turbo AWD. These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. The Kia Sorento received the lowest number of problems per 100 vehicles among midsize SUVs in the proprietary J.D. Power 2015 U.S. Initial Quality Study℠. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.